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ISSN: 2456-4184

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#### **Pinkey Kumari Singh**

In recognition of the publication of the paper entitled

Effect of Meditation on Mental Health and Physical Health

Published In IJNRD (www.ijnrd.org) ISSN Approved & 8.76 Impact Factor

Published in Volume 7 Issue 3, March-2022 | Date of Publication: 2022-03-28

Co-Authors - Dr. J.P. Mishra, Dr. R.K. Singh



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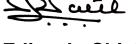
Registration ID: 180592 Paper ID - IJNRD2203078 Editor INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT | IJ

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