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International Journal of Novel Research and Development

Is hereby awarding this certificate to

Ligil Aksa George

In recognition of the publication of the paper entitled

**A Survey Based Research On Prevalence Of Menstrual Disorders And
Their Association With Food Frequency, Psychological Stress, BMI And
Variation In Weight Among Youth**



Published In IJNRD (www.ijnrd.org) ISSN Approved & 8.76 Impact Factor

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Co-Authors - Mannu Kumar, Rajesh Nath, Ravi

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