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ISSN : 2456-4184

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Experimental study of the effects of Nadi Shodhana Pranayama in anxiety disorders of students

Published In IJNRD (www.ijnrd.org) ISSN Approved & 8.76 Impact Factor



Published in Volume 8 Issue 1, January-2023 | Date of Publication: 2023-01-17

Co-Authors - Dr. Naveen Chandra Bhatt

Registration ID : 185896

Paper ID - IJNRD2301133

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INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT | IJNRD

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