



Students and Discipline

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Abstract-

The word discipline is derived from the combination of two words

“Anu + Shasan” Which means to live under the rules or to follow the rules. The family, society or nation in which we live has its own rules and regulations, which are necessary to follow. If we legally want to remain a part of that society, then it is also necessary to follow the rules of the society, so through discipline we can and should follow all the rules by being subject to them.

When we talk about any area of human life, it is very important to have discipline in each and every area whether it is home or school, office or society, discipline has an important role at every place. If a man wants success in his life, then he has to hold on to discipline. Discipline is a medicine that can solve every problem.

INTRODUCTION

If every person of the society adopts discipline, then the welfare of the society as well as the nation will be done. Now if we talk about where the child learns discipline, then first of all the child learns discipline in his family in his first school and after that it comes to his formal school.

At present, if we talk about student and discipline, then there is a considerable distance between them because while on one hand students are getting more and more facilities, on the other hand, there is a decrease in their discipline.

In the past, where there were Gurukul traditions, it was important for the student to respect the teacher, the respect of the parents, the respect of the elders, and in the present context, the respect and fear of the teachers is decreasing from the mind of the students and somewhere this is the reason for the increasing crime.

IMPORTANCE OF DISCIPLINE

Discipline is such a weapon, through which we can make the coming generation a better citizen, but in present time is not used and path of the children gets confused, but today whether it is about the school or the matter of the parents the use of weapon on children is becoming less and less. Parents give their children a lot of pampering and avoid scolding them, on the other hand, due to some reasons, teachers in the school today hesitate to convince the students to scold them. When we talk

about any area of human life, it is very important to have discipline. Whether it is home or school, office or society's discipline has an important role at every place. If a man wants success in his life, then he has to hold on to discipline. Discipline is a bitter medicine that can solve every problem.

If every person of the society adopts discipline, then the welfare of the society as well as the nation will be done. Now if we talk about where the child learns discipline, then first of all the child learns discipline in his family in his first school and after that it comes to his formal school.

Just like when the child writes with the opposite hand at home, the mother encourages him to teach writing with the right hand, in the same way it is the parent's responsibility to teach discipline to the child from the very beginning.

Every day we read, hear, and see many unpleasant incidents happening in the school on social media and to a large extent the reason for all this is indiscipline.

Due to indiscipline, every person in our society is becoming selfish. Going the wrong way character is falling And the child is becoming more and more violent so that the feeling of violence is increasing And how can any nation be built properly in such a condition when the sister-in-law of the nation will not be the owner of excellent character. If the student wants to move forward on the path of progress in his life, then it is necessary that he should follow the discipline.

The student should continuously follow all the rules of his teachers in his class and of his school. At present, both the parents are so busy in their life due to working that they are not able to give time to their children at home. And because of this, children become stubborn and irritable. Simultaneously, VTVs become dependent on mobiles etc. and spend a lot of their time on it and this is a big reason that indiscipline is increasing among children. Nowadays, means like this TV mobile make children grow older than their age at a young age, develop this feeling in the children, have they not remained small but have grown up and many children fall in the same bad company. It is said that the mother is the first teacher of the child, the children are first taught discipline by the parents and the knowledge of right and wrong is given, but in the present situation, when the parents are unable to give time to the children, then the children are

They are not able to learn to differentiate between right and wrong and in such a situation, this responsibility falls on the children's school.

Therefore, it becomes the utmost duty of the school and school teachers to pay attention to every child coming to their school and motivate them to learn discipline by telling them the meaning of discipline and its importance.

Discipline is very important in student life.

Disciplined environment is absolutely necessary for the development of children. Indiscipline in children makes them lazy and weak. Indiscipline among students makes them weak and fills them with laziness, that's why discipline is very important. They become very defiant due to lack of discipline. This slows down their development and this is not fair for a child. By being disciplined, even an ordinary child can become hardworking, intelligent and capable. He also understands the value of time by being disciplined, because by being disciplined, he learns to do his every work on

time. The one who values his time never gets defeated in life. Therefore, we should keep the children under discipline with love and caress. If administration, school, society, family, everywhere everyone remains disciplined and performs their duty, understands their responsibility, then there will be no disturbance or unrest. In today's run-of-the-mill life, parents do not have the time to take care of children. The children are being handled by the servants in the house or the women in the crèches. These children are not used to being disciplined after leaving the shadow of their parents. The environment of the schools is also not disciplined anymore. The side effect of this is that indiscipline is increasing among the children. He is being defiant and evil. It is common for them to disobey and disregard others. Due to the small size of the family, the children are not being taken care of properly. The parents are fulfilling their every demand. Due to this, independence has started developing in the students and they are moving away from discipline. Many criminal and uncivilized incidents have started taking place. Minor students have started getting involved in many wrong activities. Show children the right path: Children are too young to think and understand. They do not know what is wrong and what is right. To show them the right path, first of all teach them how to talk to new people or guests with manners and manners. Also, what are the things they need to take care of while living at home. During this, give them easy instructions that they can understand and follow. Reward for following discipline: You can also reward small children for following discipline. Right out of greed they will learn to live by the rules like this. Also it may be the best way to teach discipline is to reward it. It is not necessary that you give them any item or money as a reward, praising them is also no less than a reward. For example, if children help someone, praise them, it creates a feeling of happiness in their mind. Discipline in a calm manner: Small children are often stubborn, it is not easy to discipline them. Convincing stubborn children by scolding or using anger can make them more stubborn. Try to convince them in a calm manner to discipline them. At the same time, listen to their words comfortably and understand them and explain them. Also, make them aware that they should not insist on such things, which are not right for them. Explain them lovingly that if you talk to someone in a wrong way, then no one will like you.

How students can become disciplined-

We can teach about consequences: This can be an easy way to teach discipline to kids. In this technique, you can teach children to walk on the right path by telling them about the good and bad behavior done by them and the result of their work. For example, if the child does not do his homework, tell him that if he does not do the homework, the teacher will scold him. Also, tell him that a child who sleeps late may not wake up early in the morning and may be late for school.

We should set rules and limits: To discipline and teach children, first of all teach them to follow the rules and stay within their limits. Try to explain to them what they should and should not do at what time. Also teach them how they should talk and behave with a person. Keep the rules taught to children simple and clear, be careful not to impose difficult rules on children. Too many rules and restrictions can make kids nervous and confused.

Teach Discipline With Love: This can be a great technique to teach discipline, which takes away from the child's problems and gives them alternatives.

For example, if a child plays with your expensive gadget like a mobile phone

Provide options: Along with getting children to study, also provide them options to follow any rules.

If you ask children to follow rules without a choice, they can become stubborn and irrational. By not giving the option with the rule, they will feel that you are taking away their freedom and the child will not be able to learn and do any creative work of their own free will due to fear. It can also affect their mind. Apart from this, if you give options to the child, then later on he can understand his actions and fulfill his responsibility.

Teenagers cannot be disciplined easily, as this is the age when they are learning to become independent individuals and start thinking about their rights.

Talk to them about any problem: Teenagers often do not like someone to tell them what they should and shouldn't do or how they should behave.

But we should always try to discuss with them about their problems and for this we should give them friendly atmosphere.

Conclusion - As it has been said that "too much rain is not good, too much sunshine is not good, that is, too much is always dangerous and harmful." That's why parents should be strict with the children as well as explain to the children. The right guidance of the teachers also brings moral and emotional change and awakening in the students. Joint contribution of parents and teachers is necessary for the development of children.

'Discipline' is such a quality in our life, which is needed at every step in human life. It should start in life from childhood itself and only from this the character of a human being can be built. Discipline is especially to rule over oneself and to run one's life according to the rule. Discipline is the soul of national life.

