



# A Case of Appendicitis in a young girl treated by Homoeopathy

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Short Title: Case of Appendicitis

Corresponding Author:

**Dr Deepa Warpudkar -Rajenimbalkar**

Keywords: Homoeopathy, Appendicitis, Junk food.

## Abstract

Appendicitis is an inflamed appendix. Appendix is a small, tubular pouch, about the size of a finger, that protrudes from the lower right end of your large intestine. Poop (feces) moving through your large intestine can block or infect your appendix, leading to inflammation.

Chronic appendicitis is a rare condition that appears to occur when something irritates your appendix in an on-and-off sort of way over a long period. Chronic appendicitis may go unrecognized because the symptoms don't escalate the way they do in acute appendicitis. But any type of appendicitis is serious.

## Symptoms:

The most common symptoms of appendicitis are abdominal pain, nausea and loss of appetite.

In the typical presentation, abdominal pain begins in the middle of your abdomen, around your belly button. It may hover or may come and go for several hours. Eventually, the pain intensifies, and nausea and vomiting develop. Several hours later, the nausea passes, and the pain shifts to your lower right abdomen, where your appendix is. The pain becomes more focused and continues to worsen.

## Diagnosis:

McBurney's sign. McBurney's point is the most typical location of the appendix, and tenderness there is the first thing that we examine.

Blumberg's sign. Pressure applied to the sore area feels worse when it's released (also known as rebound tenderness).

## Introduction

Appendicitis is inflammation and infection of the appendix ( a thin tube of tissue that is connected to intestines).


Appendicitis seems to develop when the appendix becomes blocked either by hard fecal material ( called a fecalith) or Swollen lymph nodes in the intestines.

Appendix is the reservoir for beneficial gut bacteria. The most common bacteria that can cause acute appendicitis are intestinal bacteria including Escherichia Coli and bacteria belonging to the Bactericides Fragilis group [4]. Their onset is sudden and has a definite course & quick expression of action.

Appendicitis is the most common cause of acute abdomen requiring surgery. Prompt diagnosis is necessary as delayed diagnosis may lead to increased morbidity and mortality due to complications like perforation, gangrene, and phlegm on formation [6]. There are some postoperative complications after appendectomy including wound infection, intra-abdominal abscess, retrocecal abscess, intestinal perforation with peritonitis, bleeding and adhesions occurred. Appendectomy is very dangerous for Comorbidity patients as well. So, here is the beauty of homeopathic management in acute appendicitis.

The paediatrician examined and advised for an investigation; USG abdomen.

FIG 1: BEFORE HOMEOPATHIC TREATMENT



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ಹೆಚ್. ವಿ. ಆರ್. ಕಾಂಪ್ಲೆಕ್ಸ್, ಸರ್ಕಾರಿ ಜಿಲ್ಲಾ ಆಸ್ಪತ್ರೆ ಎದುರು, ಜೋಡಿ ರಸ್ತೆ, ಚಾಮರಾಜನಗರ-571 313

Name : [REDACTED]

ID No : 10214

Age / Sex: 7 yrs / Female

Ref. By: Dr. Shashidhar kumar

Date: 13.11.2023

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ULTRASOUND ABDOMEN & PELVIS

**LIVER:**  
Liver is normal in size and shows normal echotexture. No focal mass lesions seen. Intra and extra hepatic biliary radicles are normal. Portal vein and CBD are normal.

**GALL BLADDER:**  
Distended. No obvious calculi. Wall thickness is within normal limits. No pericholecystic collection.

**SPLEEN:**  
Normal in size and shows normal echo pattern. No focal lesion.

**PANCREAS:** Normal in size & shows normal echopattern.

**KIDNEYS:**  
RK: 6.6 x 2.6 cms.  
LK: 7.0 x 3.6 cms.  
Both kidneys are normal in size, position and show normal echopattern.  
No calculi or Hydroureteronephrosis seen.  
Cortico-medullary differentiation is well maintained.

**URINARY BLADDER:**  
Distended, with normal wall thickness. No internal echoes within. No calculi.

**UTERUS AND OVARIES:** Normal for age.

No ascites.  
Appendix is mild dilated measuring 5.5 mm in diameter. No mass / collection noted.  
Mesenteric lymph nodes noted largest measuring 14 x 8 mm.

**IMPRESSION:**  
**APPENDIX IS MILD DILATED - SUBACUTE / CHRONIC APPENDICITIS.**

*amb*  
**Dr. Suresh nayak. DMRD, (DNB).**  
**Consultant Radiologist**  
**KMC Reg. No. 75487**

Ultrasound Scan being an investigation with technical limitations has to be correlated clinically and appropriate biochemical tests and is not for medico- legal purpose

Before Homoeopathic treatment:

After going through the reports, the doctor advised for surgery.

After hearing this, the parents got tensed and they opted for homoeopathic treatment.

After case-taking, examining the patient (McBurney's point), considering the totality repertorizing the case, homoeopathic similimum was prescribed.

The screenshot shows the 'Quick Repertorisation' window with the following data:

Remedy Name	Sul-i	Sulph	Coloc	Kali-c	Plb	Sil	Pyrog
Totality	7	6	5	5	5	5	4
Symptoms Covered	3	2	2	2	2	2	2
Kingdom							
[Murphy ] [Clinical]Appendicitis, (see Intestines, chapter):Chronic: (13)	2	2	1	1	1	1	1
[Complete ] [Rectum]Constipation: (875)	3	4	4	4	4	4	3
[Clarke ] [Clinical]Tonsils:Hypertrophy of, chronic: (1)	2						

The girl use to snore while sleeping due to hypertrophy of the tonsils. o/e: there was a hypertrophied tonsil.

RX  
Sulphur iod 200 2 doses/15 days

Follow-up:

After 15 days, the abdomen pain has reduced drastically, the girl use to pass the regular stools.

The appetite was improved well. The snoring while sleeping has also reduced drastically.

one more dose of sulphur iod 200 was prescribed and advised to visit after 15 days.

In the next follow-up the patient got much better, after examining (McBurney's point) there was no tenderness. Then advised for a USG abdomen & pelvis.





FIG 2: AFTER HOMOEOPATHIC TREATMENT

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Name : [REDACTED] Ref. By: Dr. Gurukiran  
 ID No : 11508 Date: 19.12.2023  
 Age / Sex: 7 yrs / Female

**ULTRASOUND ABDOMEN & PELVIS**

**LIVER:**  
 Liver is (11 cms) normal in size and shows normal echotexture. No focal mass lesions seen. Intra and extra hepatic biliary radicles are normal. Portal vein and CBD are normal.

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**PANCREAS:** Obscured by bowel gas.


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**URINARY BLADDER:**  
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**UTERUS AND OVARIES:** Normal for age.

No ascites.  
 No mass / collection noted in RIF and LIF.  
 No significant lymph nodes noted.  
 Appendix appears normal.

**IMPRESSION:**  
**NO SONOGRAPHIC ABNORMALITY DETECTED.**

  
**Dr. Suresh nayak. DMRD, (DNB).**  
**Consultant Radiologist**  
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This patient used to have all kinds of junk foods (especially baked products) on a regular basis. As a result, constipation and irregular stool habits were cultivated. After the homoeopathic treatment, the girl was advised strictly to avoid junk foods.

This case of a appendicitis is successfully treated with homoeopathic medicines where surgery has been avoided.

## Discussion

Children who ate fast food and fried foods more than three times per week were at a higher risk of developing appendicitis those who ate these foods less frequently.

Homoeopathic remedy for appendicitis is very effective and they will give long lasting relief.

The foods we consume can significantly impact our digestive health, and studies suggest that certain foods may increase the risk of developing appendicitis.

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Conflict of Interest: None

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
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After



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