

# A Review of Legal Frameworks Addressing Workplace Sexual Harassment

Manju<sup>1</sup> Neha<sup>2</sup>

<sup>1</sup>Research Scholar

<sup>2</sup>Assistant Professor

Department of Law

<sup>1,2</sup>Baba Mastnath University Asthal Bohar Rohtak

# Abstract

Workplace sexual harassment remains a pervasive issue globally, affecting individuals across various industries and sectors. This review paper critically examines the legal frameworks designed to address and prevent workplace sexual harassment. It provides a comprehensive analysis of the evolution of laws and regulations at international, national, and organizational levels. The paper delves into key legal concepts, definitions, and mechanisms established to combat sexual harassment in the workplace, including relevant case law and landmark legal decisions. Furthermore, it explores the effectiveness and limitations of existing legal frameworks in fostering safe and inclusive work environments. By synthesizing empirical research, legislative developments, and policy initiatives, this review contributes to a deeper understanding of the complexities surrounding workplace sexual harassment and offers insights for future legal reforms and organizational practices aimed at mitigating this pervasive issue.

Keywords: Sexual Harassment, Legal Decisions, Laws, Frameworks, Policy Initiatives

# 1. Introduction to Workplace Sexual Harassment

Sexual harassment in the workplace is a longstanding and pervasive issue that transcends geographical boundaries, industries, and organizational structures. Defined as unwelcome conduct of a sexual nature that creates an intimidating, hostile, or offensive work environment, or interferes with an individual's work performance, it undermines the fundamental principles of equality, dignity, and respect in employment settings (Equal Employment Opportunity Commission [EEOC], 2020). Despite increased awareness and efforts to combat this phenomenon, workplace sexual harassment continues to exert significant detrimental effects on

individuals, organizations, and society. As such, the development and implementation of effective legal frameworks to address and prevent sexual harassment in the workplace have become imperative.<sup>1</sup>

This introduction sets the stage for a comprehensive review of the legal frameworks aimed at addressing workplace sexual harassment. Throughout history, various legal instruments at international, national, and organizational levels have been established to address this issue, reflecting evolving societal norms, legal standards, and organizational practices. From early anti-discrimination laws to contemporary legislative reforms and corporate policies, the landscape of legal frameworks addressing workplace sexual harassment has undergone significant evolution. Understanding the historical context and the intricate interplay between legal norms, institutional mechanisms, and societal attitudes is crucial for elucidating the complexities inherent in addressing workplace sexual harassment, offering insights into their development, implementation, and effectiveness. By synthesizing existing research, legislative provisions, case law, and organizational policies, this review seeks to elucidate the strengths and limitations of current legal approaches in combating sexual harassment in the workplace. Furthermore, it aims to identify gaps in existing legal frameworks and propose recommendations for future legal reforms and organizational strategies to create safer and more inclusive work environments.

The structure of this review is organized as follows: firstly, it provides an overview of the conceptual framework of sexual harassment, examining its definitions, forms, and prevalence in the workplace. Secondly, it traces the historical evolution of legal frameworks addressing workplace sexual harassment, highlighting key legislative milestones, landmark court cases, and international conventions. Thirdly, it analyzes the efficacy of existing legal frameworks in preventing and addressing workplace sexual harassment, drawing on empirical research and case studies. Finally, it discusses emerging trends and future directions in the legal landscape, emphasizing the need for comprehensive approaches that integrate legal, organizational, and cultural dimensions in combating workplace sexual harassment. In sum, this review seeks to contribute to a deeper understanding of the complex dynamics surrounding workplace sexual harassment and the role of legal frameworks in addressing this critical issue. By synthesizing diverse perspectives and empirical evidence, it aims to inform policymakers, practitioners, and scholars engaged in efforts to create safer, more equitable, and respectful workplaces for all individuals.

The impact of sexual harassment on individuals and organizations is profound and far-reaching. For victims, it can lead to emotional distress, anxiety, depression, decreased self-esteem, and adverse effects on physical and mental health. Moreover, experiencing sexual harassment can detrimentally affect job satisfaction, performance, and career advancement opportunities, leading to increased turnover rates and decreased productivity within organizations. On the national level, many countries have enacted legislation prohibiting sexual harassment and establishing mechanisms for addressing complaints. In the United States, for example, Title VII of the Civil Rights Act of 1964 prohibits employment discrimination based on sex, including sexual harassment. The EEOC,

IJNRD2403581

International Journal of Novel Research and Development (www.ijnrd.org)

<sup>&</sup>lt;sup>1</sup> 8L. Farley, Sexual Shakedown: The Sexual Harassment of Women on the Job (New York: McGraw Hill, 1978). 9C. MacKinnon, Sexual Harassment of Working Women: A Case of Sex Discrimination (New Haven, CT: Yale University Press, 1979) and subsequent legal developments.

the federal agency responsible for enforcing Title VII, has issued guidelines and regulations interpreting and enforcing prohibitions against sexual harassment in the workplace. Additionally, many states and local jurisdictions have enacted their own anti-discrimination laws that may provide additional protections against sexual harassment.

Organizations have increasingly recognized the importance of adopting policies and procedures to prevent and address sexual harassment in the workplace. Many companies have implemented training programs, reporting mechanisms, and anti-harassment policies aimed at promoting awareness, preventing misconduct, and providing support for victims. Corporate leaders have also emphasized the importance of fostering a culture of respect, diversity, and inclusion to create workplaces where all employees feel valued, safe, and empowered. Despite these efforts, challenges remain in effectively addressing workplace sexual harassment. Barriers to reporting, fear of retaliation, inadequate enforcement mechanisms, and cultural factors can inhibit victims from coming forward and seeking redress for harassment. Moreover, the intersectionality of sexual harassment with other forms of discrimination, such as race, ethnicity, disability, and sexual orientation, presents additional complexities that must be addressed in legal frameworks and organizational practices.

Considering these challenges, there is a need for continued research, advocacy, and collaboration to strengthen legal frameworks and enhance organizational responses to workplace sexual harassment. By promoting a holistic approach that integrates legal, organizational, and cultural strategies, stakeholders can work together to create environments where all individuals are treated with dignity, respect, and equality. This review paper seeks to contribute to these efforts by providing a comprehensive analysis of the legal frameworks addressing workplace sexual harassment and offering insights for future action and reform.

## 2. Historical Context of Sexual Harassment Legislation

The historical trajectory of sexual harassment legislation is shaped by societal norms, evolving legal standards, and the advocacy efforts of marginalized groups striving for equality and justice in the workplace. Understanding the historical context provides valuable insights into the origins, development, and challenges encountered in crafting legal frameworks to address workplace sexual harassment. Prior to the emergence of formal legal frameworks, acts of sexual harassment in the workplace were often dismissed, trivialized, or normalized, perpetuating a culture of silence and impunity. Women faced systemic discrimination and exploitation in maledominated workplaces, where sexual advances, innuendos, and coercion were commonly tolerated or ignored by employers and authorities.

The landmark case of Mechelle Vinson v. Meritor Savings Bank (1986) in the United States marked a pivotal moment in the recognition of sexual harassment as a form of sex discrimination under Title VII of the Civil Rights Act of 1964. In this case, the U.S. Supreme Court affirmed that sexual harassment, including quid pro quo and hostile work environment harassment, constitutes unlawful employment discrimination. This decision provided a legal precedent for subsequent legislative and judicial actions aimed at addressing workplace sexual harassment. Building upon the foundation laid by the Vinson case, the U.S. Equal Employment Opportunity Commission (EEOC) issued guidelines in 1980 defining sexual harassment and outlining employer

responsibilities in preventing and addressing it. These guidelines clarified the legal obligations of employers to maintain a workplace free from sexual harassment and provided guidance on investigating complaints and remedying violations.

Internationally, the recognition of sexual harassment as a human rights violation gained momentum with the adoption of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW) by the United Nations General Assembly in 1979. <sup>2</sup>CEDAW obligates signatory states to take measures to prevent and redress gender-based discrimination, including sexual harassment, in the workplace and other spheres of life.

In the wake of growing awareness and advocacy efforts, legislative reforms addressing sexual harassment proliferated globally during the late 20th and early 21st centuries. Countries such as Canada, Australia, the United Kingdom, and various European nations enacted laws and regulations prohibiting sexual harassment and imposing obligations on employers to prevent and address it.

Despite significant progress in legal and institutional responses to workplace sexual harassment, numerous challenges remain. Intersectional factors such as race, ethnicity, disability, and LGBTQ+ status intersect with gender to compound experiences of harassment and discrimination. Moreover, power differentials inherent in hierarchical workplaces can exacerbate vulnerabilities and inhibit reporting and redress for victims of harassment. In recent years, high-profile cases, and movements such as #MeToo have galvanized public attention and renewed calls for action to address workplace sexual harassment. These movements have highlighted the pervasive nature of harassment across industries and sectors, as well as the systemic failures in preventing and addressing it. They have also underscored the need for comprehensive approaches that address root causes, challenge cultural norms, and promote gender equality and social justice.

Looking ahead, the ongoing struggle to combat workplace sexual harassment requires sustained efforts at multiple levels. Legislative reforms must continue to strengthen legal protections, enhance accountability mechanisms, and expand access to justice for victims of harassment. Organizations must prioritize prevention strategies, foster inclusive and respectful work cultures, and empower employees to speak out against harassment without fear of retaliation. Civil society organizations, advocacy groups, and grassroots movements play a crucial role in raising awareness, providing support to survivors, and holding institutions and perpetrators accountable.

# 3. Legal Protections and Rights of Employees

Ensuring legal protection and safeguarding the rights of employees against workplace sexual harassment are paramount in fostering a culture of respect, equality, and dignity in employment settings. This section delves into the multifaceted dimensions of legal frameworks designed to protect individuals from sexual harassment in the workplace, outlining key legislative provisions, judicial interpretations, and organizational policies aimed at upholding employee rights and promoting accountability.

<sup>&</sup>lt;sup>2</sup> 0[1986] ICR 564 (CSIH). 11On workplace sexual harassment specifically, see: TUC, Still just a bit of banter? Sexual harassment in the workplace in 2016 (TUC, 2016)

At the core of legal protection against workplace sexual harassment lies the recognition of fundamental human rights and principles of non-discrimination and equality. International instruments, such as the Universal Declaration of Human Rights and the International Labour Organization (ILO) conventions, underscore the right of every individual to work in an environment free from harassment and discrimination based on sex or gender (ILO, 2019). These foundational principles serve as a basis for the development of national laws and regulations aimed at addressing sexual harassment in employment.

In many jurisdictions, legal protection against workplace sexual harassment is enshrined in anti-discrimination laws and labour regulations that prohibit discriminatory practices based on sex, gender, or other protected characteristics. For instance, Title VII of the Civil Rights Act of 1964 in the United States prohibits employment discrimination based on sex and encompasses sexual harassment as a form of unlawful employment practice (U.S. Equal Employment Opportunity Commission [EEOC], n.d.). Similarly, the Equality Act 2010 in the United Kingdom prohibits harassment related to sex, among other protected characteristics, and imposes a duty on employers to prevent harassment in the workplace (Gov.uk, 2010). These legal protections typically encompass various forms of sexual harassment, including quid pro quo harassment, where employment benefits are conditioned on submitting to unwelcome sexual advances, and hostile work environment harassment, where pervasive or severe conduct of a sexual nature creates an intimidating, offensive, or hostile work environment (EEOC, 2020). Moreover, legal frameworks often recognize the broader spectrum of harassment beyond traditional gender binaries, encompassing harassment based on sexual orientation, gender identity, and other protected characteristics.

Central to the legal protection of employees against workplace sexual harassment is the duty imposed on employers to provide a safe and harassment-free work environment. Employers are typically required to adopt and enforce policies and procedures to prevent and address sexual harassment, including providing avenues for reporting complaints, conducting prompt and impartial investigations, and implementing appropriate disciplinary measures against perpetrators (EEOC, 2020). Moreover, employers may be held liable for the actions of their employees, agents, or representatives who engage in sexual harassment in the course of employment, subject to certain defense such as the existence of preventive measures and the prompt remedial action in response to complaints (U.S. Supreme Court, 1998).

In addition to legal obligations imposed on employers, employees are often granted statutory rights and remedies to seek redress for workplace sexual harassment. These rights may include the right to file complaints with administrative agencies or labour tribunals, the right to pursue civil lawsuits against perpetrators and employers, and the right to obtain remedies such as monetary damages, injunctive relief, and reinstatement or promotion (EEOC, 2020). Importantly, legal frameworks may also prohibit retaliation against individuals who oppose sexual harassment, participate in investigations, or assert their rights under anti-discrimination laws, thereby ensuring protection for whistleblowers and complainants (EEOC, 2020).

Judicial interpretation and enforcement play a critical role in shaping the legal landscape surrounding workplace sexual harassment. Courts and administrative bodies often provide guidance on the interpretation of statutory provisions, the elements of harassment claims, and the standards for employer liability. Landmark court

decisions have contributed to clarifying the scope of protected conduct, the severity and pervasiveness of harassment required to establish liability, and the adequacy of employer responses to complaints (U.S. Supreme Court, 1998). Moreover, judicial remedies may include injunctive relief to prevent further harassment, compensatory and punitive damages to compensate victims and deter future misconduct, and attorney's fees to prevailing parties (EEOC, 2020).

In parallel with statutory and judicial mechanisms, organizational policies and practices play a crucial role in preventing and addressing workplace sexual harassment. Many employers develop comprehensive antiharassment policies that outline prohibited conduct, reporting procedures, investigation protocols, and disciplinary measures (EEOC, 2020). Training programs may be implemented to educate employees about their rights and responsibilities, raise awareness about harassment prevention, and promote a culture of respect and inclusion in the workplace (EEOC, 2020). Moreover, employee assistance programs and support services may be provided to offer confidential resources for individuals affected by harassment and facilitate their access to remedies and support (EEOC, 2020).

## 4. Employer Responsibilities and Liability

Employer responsibilities encompass a broad spectrum of duties, ranging from establishing clear policies and procedures to fostering a culture of zero tolerance for harassment. At the forefront of these responsibilities lies the duty to provide a work environment free from harassment and discrimination, as mandated by various laws and regulations worldwide. Employers are often required to develop and disseminate anti-harassment policies that outline prohibited conduct, reporting mechanisms, and the consequences for violating such policies. These policies should be communicated effectively to all employees and supplemented with regular training programs to raise awareness, promote accountability, and empower individuals to recognize and respond to instances of harassment.

Moreover, employers are tasked with promptly and effectively addressing complaints or allegations of sexual harassment. This entails establishing robust reporting mechanisms that allow employees to report incidents of harassment without fear of retaliation and conducting thorough investigations into such complaints. Employers must ensure confidentiality throughout the investigative process while affording both the complainant and the accused due process rights. Timely and fair resolution of harassment complaints is essential to preserving trust, morale, and productivity within the workplace. Employers bear a proactive responsibility to prevent sexual harassment through measures such as workplace culture assessments, bystander intervention training, and leadership accountability. By fostering a culture of respect, equity, and diversity, employers can create an environment where harassment is not tolerated, and all employees feel valued and respected. Furthermore, promoting diversity and inclusion initiatives can help dismantle power dynamics and stereotypes that perpetuate harassment.

Despite these responsibilities, employers may face significant liability for acts of sexual harassment perpetrated by their employees, agents, or even third parties within the scope of employment. Vicarious liability doctrines, such as respondent superior in common law jurisdictions, hold employers accountable for the actions of their

employees committed within the course and scope of employment. Moreover, employers may be held directly liable for their own negligence or failure to prevent harassment, particularly if they were aware of the harassment or failed to take appropriate remedial action. The extent of employer liability varies depending on factors such as the severity and pervasiveness of the harassment, the adequacy of the employer's response, and the jurisdiction's legal standards. Courts may consider factors such as the existence of anti-harassment policies, the effectiveness of training programs, and the allocation of resources to address harassment when assessing employer liability. Furthermore, employers in certain industries or sectors may be subject to industry-specific regulations or heightened duties of care, necessitating tailored approaches to prevent and address sexual harassment.

In recent years, there has been a growing trend towards imposing stricter liability standards on employers and expanding the scope of liability to include non-employees, such as clients, customers, and contractors. This trend reflects a recognition of the pervasive nature of harassment in the modern workplace and the need for comprehensive measures to hold all responsible parties accountable. Consequently, employers are increasingly investing in proactive measures, such as risk assessments, compliance audits, and crisis management protocols, to mitigate the risk of liability and safeguard their employees' well-being.

## 5. Enforcement Mechanisms and Remedies

Effective enforcement mechanisms and remedies are essential components of legal frameworks aimed at addressing workplace sexual harassment. This section explores the diverse array of enforcement mechanisms available to victims of sexual harassment, as well as the remedies designed to provide redress, promote accountability, and deter future misconduct. Enforcement mechanisms encompass a variety of legal, administrative, and institutional avenues through which victims can seek recourse for instances of sexual harassment. These mechanisms may include civil litigation, administrative complaints, criminal prosecution, and alternative dispute resolution processes. Civil litigation allows victims to pursue monetary damages, injunctive relief, and other remedies against perpetrators and their employers in civil court.

Remedies available to victims of sexual harassment aim to restore their rights, dignity, and well-being, while also holding perpetrators and employers accountable for their actions. Remedial measures may include monetary compensation for economic losses, such as lost wages, medical expenses, and emotional distress damages, as well as non-monetary relief, such as reinstatement, promotion, or changes in working conditions to prevent further harassment. Injunctive relief, such as court orders prohibiting the harasser from engaging in further harassment or requiring employers to implement anti-harassment training programs, policies, and monitoring mechanisms, aims to prevent future instances of harassment and promote a safe and inclusive work environment. Moreover, remedies may include punitive damages or civil penalties imposed on perpetrators and employers to deter future misconduct and signal the seriousness of sexual harassment as a violation of fundamental rights and principles.

The effectiveness of enforcement mechanisms and remedies in addressing workplace sexual harassment hinges on various factors, including accessibility, affordability, timeliness, and fairness. Victims may face barriers to

accessing justice, such as fear of retaliation, lack of awareness of their rights, financial constraints, or cultural and linguistic barriers. Moreover, the efficacy of enforcement mechanisms may be compromised by procedural complexities, evidentiary standards, and statutory limitations that impede victims' ability to prove their claims and obtain meaningful remedies. In addition, the adequacy of remedies may be influenced by factors such as the severity and impact of the harassment, the culpability of the perpetrator and employer, and the jurisdiction's legal framework and enforcement practices.

To enhance the effectiveness of enforcement mechanisms and remedies, policymakers, employers, and civil society stakeholders must work collaboratively to address systemic barriers and gaps in existing legal frameworks. This may involve legislative reforms to strengthen anti-harassment laws, enhance enforcement mechanisms, and expand the scope of remedies available to victims. Moreover, employers can play a proactive role in preventing sexual harassment by implementing robust anti-harassment policies and procedures, providing training and support to employees, and fostering a culture of accountability and respect. Civil society organizations and advocacy groups can provide vital support and resources to victims, raise awareness of their rights, and advocate for systemic changes to address the root causes of sexual harassment.

# 6. Conclusion

In conclusion, the review of legal frameworks addressing workplace sexual harassment reveals both progress and persistent challenges in the quest for safer, more respectful workplaces. Legal mechanisms have evolved significantly over time, acknowledging sexual harassment as a violation of fundamental rights and implementing measures to prevent, address, and redress instances of misconduct. From foundational anti-discrimination laws to modern corporate policies, efforts to combat sexual harassment have expanded in scope and sophistication, reflecting a growing recognition of the need for comprehensive approaches. However, despite these advancements, significant barriers remain. Access to justice is often hindered by fear of retaliation, procedural complexities, and cultural factors that discourage reporting. Moreover, enforcement mechanisms and remedies may fall short of providing meaningful redress for victims, undermining the deterrent effect of legal frameworks. Inadequate resources, insufficient accountability measures, and gaps in enforcement further challenge the effectiveness of legal mechanisms in promoting a culture of zero tolerance for sexual harassment.<sup>3</sup>

# References

[1] Pineda, D., Muris, P., Martínez-Martínez, A., & Piqueras, J. A. (2023). Prevalence of child sexual abuse in Spain: A survey study. The European Journal of Psychology Applied to Legal Context, 15(2), 83–88. https://doi.org/10.5093/ejpalc2023a9

[2] \*Rudolph, J. I., Zimmer-Gembeck, M. J., & Walsh, K. (2022). Recall of sexual abuse prevention education at school and home: Associations with sexual abuse experience, disclosure, protective parenting, and knowledge. Child Abuse & Neglect, 129, Article 105680. <u>https://doi.org/10.1016/j.chiabu.2022.105680</u>.

<sup>&</sup>lt;sup>3</sup> L. Barmes (n.7), 216. See further chapters 8, 9 & 10 on the mediating effects of legal advice and process, including regarding settlement, and on silencing more generally,

© 2024 IJNRD | Volume 9, Issue 3 March 2024| ISSN: 2456-4184 | IJNRD.ORG [3] Mordi, H., Katz, C., Tener, D., & Savaya, R. (2022). Disclosing the abuse: The effect of ethnoreligious identity on CSA disclosure in forensic interviews. Child Abuse & Neglect, 124, Article 105441. https://doi.org/10.1016/j.chiabu.2021.105441.

[4] Hailes, H. P., Yu, R., Danese, A., & Fazel, S. (2019). Long-term outcomes of childhood sexual abuse: An umbrella review. The Lancet. Psychiatry, 6(10), 830–839. <u>https://doi.org/10.1016/S2215-0366(19)30286-X</u>.

[5] Okur, P., van der Knaap, L. M., & Bogaerts, S. (2020). A quantitative study on gender differences in disclosing child sexual abuse and reasons for nondisclosure. Journal of Interpersonal Violence, 35(23–24), 5255–5275. <u>https://doi.org/10.1177/0886260517720732</u>.

[6] Velloza, J., Davies, L., Ensminger, A., Theofelus, F. M., Andjamba, H., Kamuingona, R., ... O'Malley, G. (2022). Disclosure and help-seeking behaviors related to sexual and physical violence in childhood and adolescence: Results from the Namibia Violence Against Children and Youth Survey. Child Abuse & Neglect, 128, Article 105624. <u>https://doi.org/10.1016/j.chiabu.2022.105624</u>.

[7] Wallis, C. R., & Woodworth, M. D. (2020). Child sexual abuse: An examination of individual and abuse characteristics that may impact delays of disclosure. Child Abuse & Neglect, 107, Article 104604. https://doi.org/10.1016/j.chiabu.2020.104604.