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# **Role of student counselling: for multi-directional participation by Advance modes of education**

**Authored by:**

**Anil Singh Negi**

**(Assistant Professor Himalayan institute of pharmacy & research)**

**Sonia Kukreti**

**(Assistant Professor Dev-Bhoomi Uttarakhand university)**



The study represents about higher multi-directional participation of students by advance Pedagogy (modes of education) using effective counselling.

## Abstract:

Making higher education more exclusive is one of the main targets of educational organizations. After covid-19 During the last 3 years, National governments set up strategies to widen the access by advance modes of education in institutions and universities developed measures to ensure inclusion of learners from diverse backgrounds. One of the main measures to enable better access to higher education is student **counselling**.

The paper provides an overview of role of counselling activities in education organizations from a student's perspective. It will focus on counselling activities provided by **AJ CAMPUS**, their cooperation with other counselling providers (e.g. University counselling, financial support, psychologists) and their approach to supporting disadvantaged learners.

It also includes the use of modern technology (online counselling, Facebook, Skype) to reach out to **multi-directional participation**, mentoring and advance tutoring activities, modern pedagogy as well as counselling activities for specific groups (e.g. First-generation students). The paper will conclude with an analysis of provided measures, their role in widening access to advance modes of education as well as identified gaps.

## INTRODUCTION:

Education has a vital role in the development and abilities of students. With education expected of students can develop to their multi directional potent qualified personal. Indicators of school success in carrying out his task can be seen from the achievement of high academic achievement and a variety of specialized skills possessed by learners and not the least of which involves issues related to academics.

While students are required to continue to improve academic achievement, in the midst of busyness and density of both academic assignments and extracurricular activities are followed by

the students, so students need to follow the guidance and counselling services in CAMPUS to improve academic achievement. With such conditions it is necessary to investigate in depth whether the guidance and counselling itself may play a role in improving the academic achievement of students. Campus counsellors address the academic and developmental needs of all students, not just those in need, by collaborating with students, parents, staff and the community

The adjustment difficulties of college students have been an emerging issue. Many studies have proved that the adjustment **difficulties like appetite disturbance, concentration problems and depression** are most evident in freshmen. To help college students in resolving their adjustment issues, we made efforts in the form of establishing a **counselling system**, to provide intervention to the students so that their social and emotional problems did not interfere with their academic performances, for the current study.

**Counselling is an activity that utilizes interpersonal relationships to enable people to develop self-understanding and to make changes in their lives.** We chose to examine the relationship between the college counselling experience and the academic performance in a sample of freshmen (Fresh student). Fresh student(freshman) are more likely to experience loneliness, low self-esteem and higher frequencies of life changes than their seniors.

Counselling activities can be provided to a general audience or to specific target groups, which can be an advantage for those who benefit from specific counselling (e.g. For disabled students/underrated students) but can also be a barrier for those who do not want to out themselves as "disadvantaged".

## OBJECTIVE:

- **To know the right way to counselling of the student.**
- **To understand the role of counselling in multidirectional participation of student.**
- **To aware the essence of advance modes of education.**

## KEYWORDS:

- **Counselling, Academic performers, pedagogy**

AJ CAMPUS counsellor's function is a source of support, empowerment, and guidance in the intricate fabric of a student's educational path. Apart from the typical perception of arranging courses and providing guidance on careers, these experts are essential in promoting the overall growth of students, resolving educational difficulties, and promoting mental health.

Different conceptions of "guidance and counselling" exist across the world.

According to Makinde's (1987) definition,

**“COUNSELLING IS AN INTERACTIVE PROCESS INVOLVING A VULNERABLE AND IN-NEED COUNSELEE AND A QUALIFIED AND TRAINED COUNSELLOR WHO IS THERE TO PROVIDE GUIDANCE.”**

The counsellor's primary responsibility is to assist the counselee in learning how to manage oneself and the realities of one's environment more effectively.

Here are ways that student counsellors can help students excel academically:

### **1. Mental Health and Emotional Support:**

Emotional problems, stress, anxiety, and mental health difficulties are all addressed via counselling, which can help students focus and perform better in the classroom.

### **2. Enhanced Self-Efficacy and Self-Awareness:**

Counselling promotes self-awareness and confidence in students' academic ability by helping them understand their strengths, shortcomings, and learning preferences.

### **3. Developing Effective Coping Mechanisms:**

Counselling equips students with the necessary tools to manage challenges, setbacks, and academic pressure, enabling them to handle stress and remain focused on their studies.

### **4. Encouraging Motivation and Goal-Setting:**

Counselling aids students in creating action plans, staying motivated to achieve their objectives, and setting achievable academic goals.

### **5. Improving Study Skills and Time Management:**

Counsellors can guide students on how to develop better study habits, manage their time effectively, and organize their work, all of which can enhance their ability to understand and retain information.

### **6. Addressing Learning Disabilities or Special Needs:**

For students with learning disabilities or special needs, counsellors provide tailored support by offering strategies, accommodations, and resources that can help them succeed academically.

In essence, effective student counselling is instrumental in creating a conducive environment for academic success by addressing the holistic needs of students, fostering resilience, and enhancing their ability to learn and thrive in the educational setting.

## To aware the essence of advance modes of education.

The purpose of education shifts with the times, and India's advance education system has advantages because of the evolving world. The argument is that, despite its drawbacks, the modern Indian educational system simply serves as a mirror of what the nation needs and demands of its future workforce.

Advance Education emphasizes the following key factors-

- **Developing students**
- **Analytical abilities**
- **Life skills**
- **Sense of morality**
- **Critical thinking**

Advance education refers to the such use of advance technology as mobile applications and video platforms, to impart knowledge and enhance the learning experience. The modern education system in India has a number of benefits. Most are the result of innovation, research, and technology.

The current Indian educational system is more accessible, adaptable, and practical as a result of these and other aspects. This technology-based educational programme offers a larger selection of subjects. Let's discuss how the modern education system in autonomous colleges and universities influence the students' life

**Find the Modern Education System More Interactive & Engaging.**

Modern technology has significantly transformed the educational system. Here are three examples:

The universities that still use textbooks and solve previously solved problems have developed to explore other approaches for new challenges that are readily available online.

Furthermore, due to the dynamic presentation, the ideas are more accessible, making them easier to comprehend.

Third, students can use technology to learn by watching online videos created by their subject teachers. Even if they are absent from class, technology can still be useful.

Through the internet, anyone can access education at any time, on any subject, and from anywhere. Nowadays, it is easy to get into the best colleges in Coimbatore who follow the modern education approach. Technology greatly improved students' interest in studying, and it also helped them develop the analytical and critical thinking abilities that are crucial for overcoming any problem.

### **Other approaches:**

**Student Clubs and Organizations:** Encourage students to join various clubs and organizations related to their interests, such as academic clubs, cultural groups, sports teams, or community service organizations. This allows students to engage with peers who share similar interests and passions, fostering a sense of community and collaboration.

**Research Opportunities:** Provide students with opportunities to participate in research projects, internships, or collaborative studies with faculty members. This hands-on experience allows students to apply their knowledge in real-world settings, develop critical thinking skills, and contribute to the academic community.

**Leadership Development Programs:** Offer leadership development programs, workshops, and seminars to help students enhance their leadership skills, communication abilities, and teamwork capabilities. This empowers students to take on leadership roles within their academic institutions and make a positive impact on campus life.

**Industry Partnerships:** Establish partnerships with industry organizations, companies, or research institutions to provide students with exposure to real-world challenges, networking

opportunities, and mentorship programs. This multidirectional collaboration bridges the gap between academia and industry, preparing students for future career opportunities.

**Student Feedback Mechanisms:** Implement student feedback mechanisms, such as surveys, focus groups, or suggestion boxes, to gather input from students on various aspects of university life, including academic programs, campus facilities, and student services. This feedback loop ensures that student voices are heard and incorporated into decision-making processes.

By promoting multidirectional participation of students in universities and institutions through these initiatives, students can actively engage in their academic journey, develop valuable skills, and contribute to a vibrant and inclusive learning environment.

### **Material and method:**

After obtaining students google survey, 45 First bachelor's students of AJ CAMPUS of the 2022-2025 batch were recruited for the study. They underwent face to face individual intake counselling with the CAMPUS faculty members throughout the first year of their course.

Individual counselling helps the faculty to have personal talks with the students, that helps them in understanding the problems of the students and solving them effectively.

### **Counselling session:**

The students are assessed at the beginning of the counselling. The assessment was done to clearly understand the problems of the students, so that their situations could be improved.

The students were allowed to express his or her problem and full confidentiality was assured them. We offered encouragement and solutions to their problems and promised to support them whenever they wanted.

Depending upon the problems, the number of sessions were increased.

They were given questionnaires about the sessions at the end of the first year and the analysis was based on their response to the questions and their academic performances.

The counselling included their personal problems and the academic difficulties in their studies.

### **The questionnaire included questions like:**

**'Was the counselling useful?**

**Did you show improvement in the academic performance?**

## Did more number of sessions or less number of sessions help you?

### Should the counsellor be changed? Etc’.

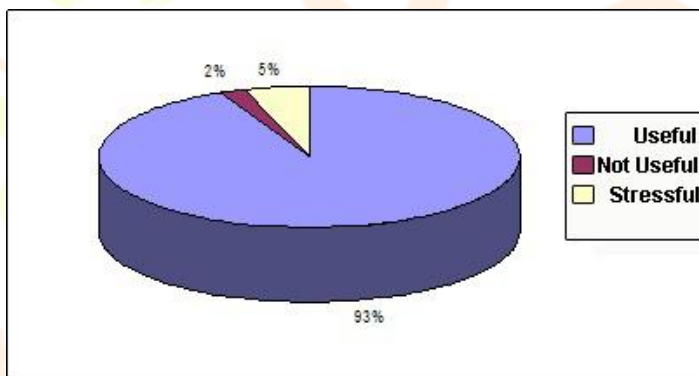
Finally, the analysis was done, depending on the questionnaire and the marks of the internal assessment throughout the year.

#### Result :

This study [Table/Fig-1] proved that 93% of the students found the counselling useful.

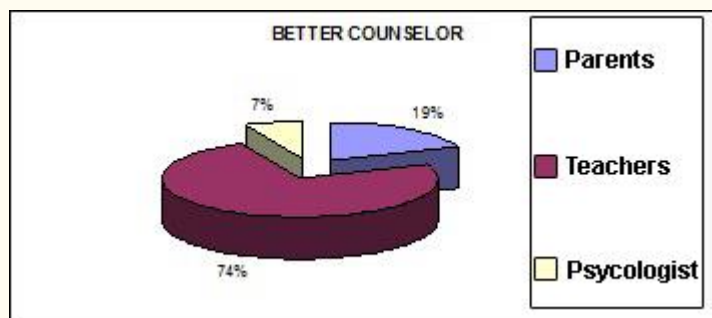
[Table/Fig-2] 74% of them said that teachers were better counsellors with respect to the academic performance.

[Table/Fig-3], [Table/Fig-4] 98.2% said that they showed improvement after the counselling.



#### [Table/Fig-1]:

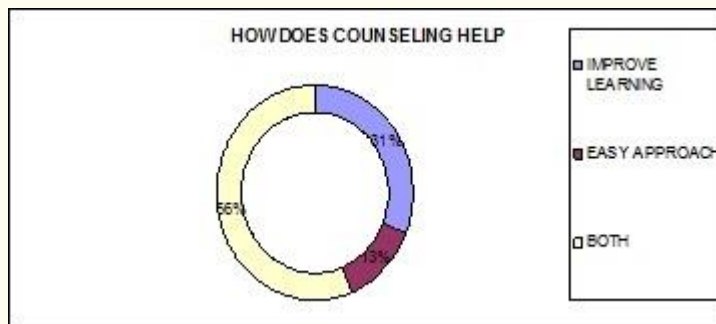
Shows usefulness of counselling in 100% of students.



#### [Table/Fig-2]:

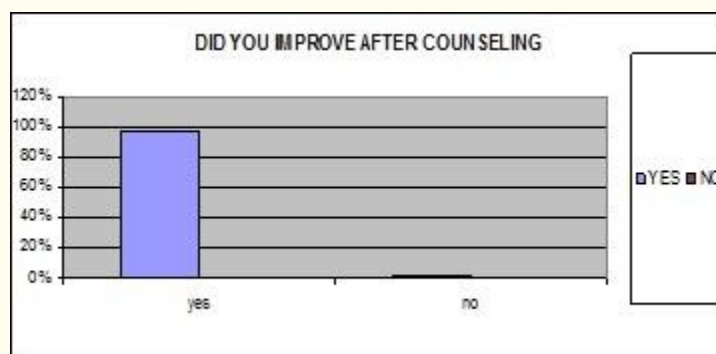
Shows better counsellor in 74.0% (Educational counsellor).





[Table/Fig-3]:

Shows how does counselling help in 100% of students.



[Table/Fig-4]:

Shows - you improve after counselling in 98.2% of students.

## DISCUSSION

One study explored the impact of counselling on the academic progress IN MULTI-DIRECTIONAL PARTICATION and the retention by using both objective and self-reported measures.

A comparison was made between the counselling of the clients and the general student body. It indicated that the counselled students showed a superior retention as compared to their peers. Reviews which were done on the campus counselling also proved that it had a positive effect on the student. There are also studies which have proved that those who attended the counselling showed improvement in their grades as compared to those who did not.

This study, like the other studies, proved that 93% of the students had found that the counselling sessions useful. This study also proved that more students (43%) showed improvement in the academic performance by 15-25% and that 13% of the students showed improvement by 10-15%. Thus, this study proved that more than 50% (43+13%) of the students had shown good improvement after the counselling in MULTI-DIRECTIONAL WAYS.

This study also proved that those who attended more number of sessions showed better response than those who attended less number of sessions. Finally, we can conclude from this study, that counselling is very effective in improving the students' performance in MULTI-DIRECTIONAL PARTICIPATIONS .

## CONCLUSION:

**This study showed that the counselling service in colleges is effective in easing the students' personal difficulties. The constructive support which was received from individual counselling seemed to have a positive influence on the academic performance and the number of sessions correlated positively with the academic performance.**

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## Notes:

We also observed the need of financial knowledge.

Observed counselling is the need of time & found multidirectional scope in education.

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