



Non-ionic surfactant vesicles; A future of nano-carrier system

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Abstract

Niosomes are generally indicated as non- ionic surfactant. Niosomes have the potential advantage inside the cure sector because of their exceptional conduct in encapsulation either hydrophobic as well as hydrophilic agents. Recently, vesicles are found that it can work on the bioactivity of drug. Furthermore, it can work as another methodology to cause the eternal group of therapeutical agents, for example, synthetic drug, albumen medications and nucleic acid substance with less harmfulness and wanted focusing on effectiveness. niosomes have substantially better established during the formulation system and capacity then liposomes. Hereby new release structure is similarly simple to develop furthermore, increment with minimum yield rate. The niosomes tend to stack distinct classes of drug. In this review articles it summarizes niosomes structure, types, components, methods of niosomes preparation and application of niosomes that are recently used as drug transport system.

Keyword; Niosomes, Drug transport system, Preparation method of niosomes, vesicles and application.

INTRODUCTION

Drug delivery is process by which active drug can be transport into the targeted side to treat the disease. There is different drug administration route such as internasal, ocular, oral, intravenous, rectal and intramuscular. These are the most common ways to treat many health issues. But they have some disadvantage such like unstable, uncontrolled release, side effects, poor absorption and many more.[1]

Controlled drug delivery system (DDS) are advanced systems for the transport of pharmaceutical compound inside the body, which have important significance to upgrade the efficacy of medication. It achieves the best accommodating effect by reducing medication side effects and increasing their bioavailability and dissolution [2] conventional drug delivery system shows many drawbacks, such as unfavourable pharmacokinetics and circulation, that may cause unwanted side effects, degradation of drug in blood and targeted of drug to the site can decrease. nanocarriers were investigated to beat the drawback related with standard prescription transport system [3]

Nano-carriers like liposomes, polymerase , micelles , polymer-based vesicles, and niosomes can give an perfect methodology to the transport of helpful experts to target objections .considering their advantage , experts stand apart to them ,by working on its components or creating a surface with various capabilities , nanocarriers , for instance ,can work on the half- life of medications in serum, prevent medications from being taken up by reticulo-endothelial system (RESs) and decrease vague adsorption. Also, they can in addition shield the medication from debasement away and in vivo steam. nanocarriers offer a couple of

advantage over standard medicine. Drug can change their shape, charge, properties and zeroing in the on component to control their take up, zeroing in on or end. It can be directed through various courses, e.g., nasal effective or oral courses [4]

Niosomes are bilayer vesicles made of different surfactants which are not ionic. Niosoms are initially introduced as a substitute to liposomes for controlled delivery of drug in order to address issues with sanitization, large-scale production, and dependability. In 1975, L'Oreal created and protected the first niosomes plans. Niosomes were used for the first time to deliver anticancer drug. [5]

The size range of the little lamellar plans of niosomes are between 10 to 1000 nm. Surfactant that were used for the formulation of niosomes are immunogenicity-free, biodegradable, and biocompatible. Niosomes have better advantage than liposomes and it have more engineered security of surfactants than phospholipids which are easily hydrolysed as a result of the ester bond and cost effective.[6] The capability to encapsulation both hydrophilic and lipophilic mixture is one of the benefits that niosomes share with liposomes. Also, it ca be formulated with fundamental techniques, require low creation cost and they are consistently showing long period, to overcoming the significant challenges of liposomes. Niosomes or non-ionic surfactants vesicles (NISVs) are commonly made by joining cholesterol and charged particles like diacetyl phosphate or stearyl amine with non-ionic surfactants like Span, Tween, Brij's.[7]

THE STRUCTURE OF NIOSOMES

Niosomes are cholesterol and non-ionic surfactants -based vesicular drug delivery vehicles. They are better than liposomes in terms of large-scale production, consistency and sterilization.[42] To form the bilayer structure non-ionic surfactant are self-aggregation on aqueous media. They are connected with significant sold areas for a surface strain among water. Niosomes have three types of unilamellar vesicles such as; small (SUV), large (LUV), and multilamellar (MLV).[8]

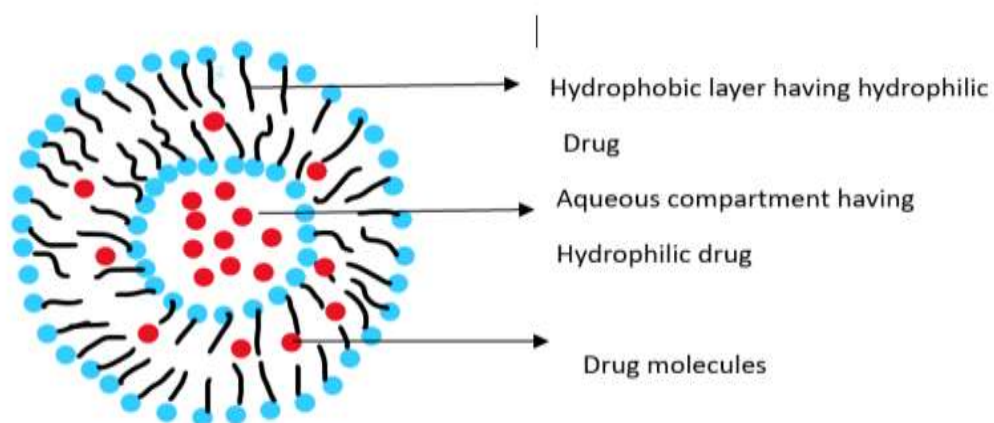


Fig 1: structure of niosomes

COMPONENTS OF NIOSOMES

Non-ionic surfactants

The polar or hydrophobic heads of a bilayer system developed by the non-ionic surfactants change challenging fluid-wide correspondences, whereas the hydrocarbon or hydrophobic head change so the planned exertion using the watery media would be less. To attained thermodynamic steadfast quality, all bilayer folds over themselves as unsurprising layer for example structure vesicles with the goal that the hydrocarbon/water content disappears.

There is various type of non -ionic surfactants which are used for the manufacture of niosomes. for example, Span (60,40,20,80), Tween (20, 60, 40, 80), Brij's (30,35,52,58,72).

Non- ionic surfactants have four classes such as; alkyl ethers; certain surfactants for creating of niosomes contain chemicals substances (surfactants-I, surfactants-II, surfactants -III) alkyl ester, alkyl amide (for example galactosidase and glycosides) are utilized to disturbed niosomes vesicles and easters of fatty acids.[36]

Charged molecules

Enhancing the niosomes stability through electrostatic repulsion, which prevents combination, a few charge molecules are introduced. The negatively charged particles that are utilized are phosphotidic destructive and diacetyl phosphate (DCP). The main role of these charged particles is to stop niosomes from aggregation. [9][40]

Cholesterol

Cholesterol is a significant added substances in the formulation of niosomes. although the cholesterol presence has an impact on a number of the niosomes properties, cholesterol itself is not necessary for its formulation. It can influence permeability and rigidity of the layer, capture effectiveness, security, time capacity and their harmfulness. When using low HLB surfactant with cholesterol, it may make the vesicles more stable. The used of cholesterol improve the thickness and rigidity of the formulation. [10][37]

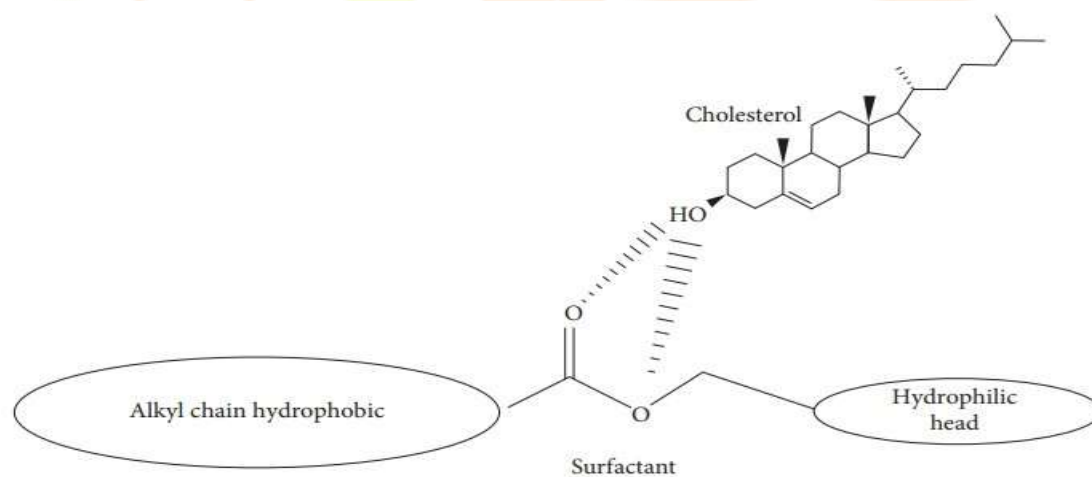
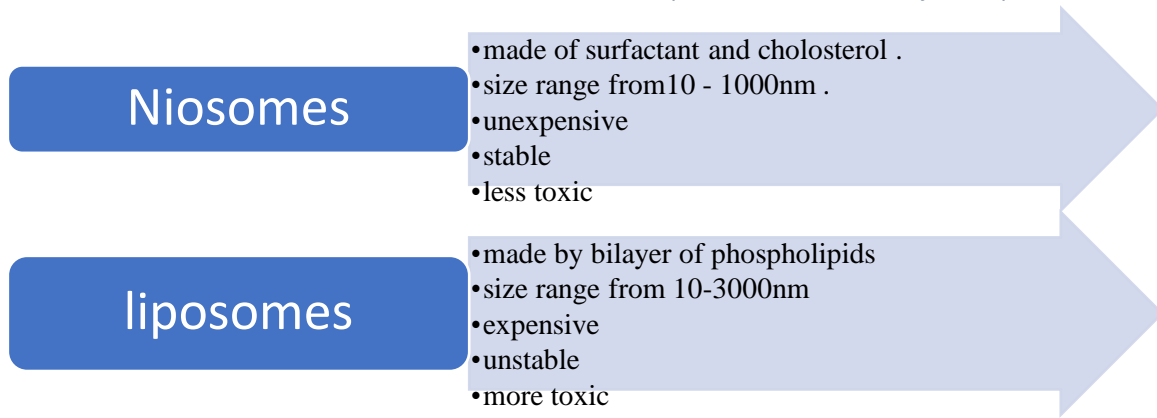


Fig 2: Interaction structure of cholesterol and surfactant [11]

Hydrophilic -lipophilic balance (HLB)

Relationship between hydrophilic and hydrophobic molecules of surfactants is objectively expressed by HLB. Higher HLB surfactants have greater water solubility than lower HLB surfactants. Niosomes size and the active ingredients EE were effect by the HLB values. HLB value of 4-8 with an surfactant can formulate niosomes. If the HLB values is 6 or more than cholesterol is required to form niosomes.[18]



Types of unilamellar vesicles

Niosomes are divided into three classes based on their size;

- small unilamellar vesicles (SUV) - 10 to 100nm.
- large unilamellar vesicles (LUV) - 100 to 3000 nm.
- multilamellar vesicles (MLV) have more than one bilayer.

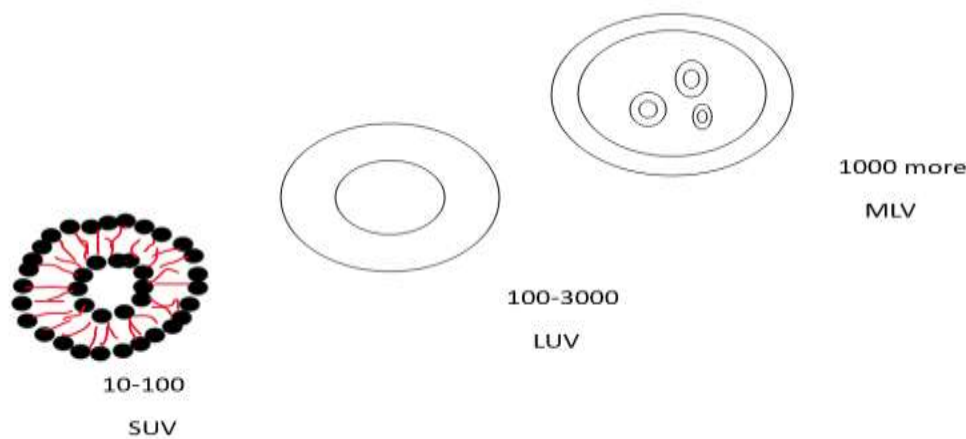


Fig 3; structure of bilayer vesicles

Proniosomes

Proniosomes are the types of niosomes arrangement it consist of water-soluble transporters and surfactant. The formulation of proniosomes is rehydrated before used and it help to overcome the drawbacks of niosomes like collection, combination and leakage of drug moieties.[38]

Discome

Cholesterol levels are low in structures with a large disk shape known as discomes. It was reported that spherical niosomes could be made by incubating them for one hour at 75°C in cholesteryl poly-24-oxyethylene ether (solution C24).[11] the development of discome formulation can used for sustained release in ocular delivery, 11-60 um are their size range.[38]

Apsasome

Apsasome are multi-layer vesicles that include charge lipid, like dihexadecyl phosphate. The formulation can further develop the transdermal drug-delivery and reduced the problems which set off utilizing responsive oxygen species.[39]

Elastic niosomes

The vesicles consist of a mixture of water, ethanol, cholesterol, and surfactant. The important advantage of this vesicles has high degree of versatility, it allows them to flow through opening that are less than the diameter of them.[46]

Bol- surfactant niosomes

These structures are prepared from mixture of span and cholesterol. Bola surfaces features has an advantage of a high micelle concentration and low critical surface tension. [12]

Transfersomes

Transfersomes are also the type of niosomes which are novel deformable vesicular transporter system, basically consisting of phospholipids. Which close to form a vesicle after self-assembling into lipid bilayer in a fluid environment. Both hydrophobic and hydrophilic moieties are present in transfersomes and hence hold drug particles including a verity of solubilities. They can carry both hefty and light molecular weight drug.[13][46]

PREPARATION METHOD FOR NIOSOMES**Ethanol injection method**

In this techniques, Suitable weighed tween 80 was dissolved in an appropriate volume of distilled water and heated to 80 °C. A suitable volume of ethanol was used to dissolved span 60 and the mixture was placed to a five- minutes. 50°C a sonication a precise dosage of the medication was introduced to the tween solution. Then, using a 30-gauze syringe to agitate the tween solution at various rates at a fixed rate of one millilitre per minute, prepared span solution was added dropwise. About 30 minutes of agitation at 80 °C, again it required to stirring at room temperature for an additional half hour. lastly, distilled water was used to re-create the formulation to the appropriate volume.[14]

Sonication method

In this techniques the solution of drug and the mixture of cholesterol and surfactant are slowly added in the buffer solution. After that mixture of solution is probe – sonicated with a probe sonicator at 60 °C. To create vesicles with several layers, to deliver unilamellar vesicles, it could undergo additional ultrasonication. [15][31]

Thin film hydration techniques (hand shaking method)

The surfactant and cholesterol are mixed in a round bottom flask by using this approach in an organic volatile solvent (like chloroform or diethyl methanol). Utilising a rotating evaporator, organic solvent is removed at room temperature, leaving the solid mixture in a thin coating that is retained on the flask wall. multilamellar niosomes can be produced by rehydrating the aqueous phase at 0 – 60 °C to a dried surfactant film with mild stirring.[15][29][65]

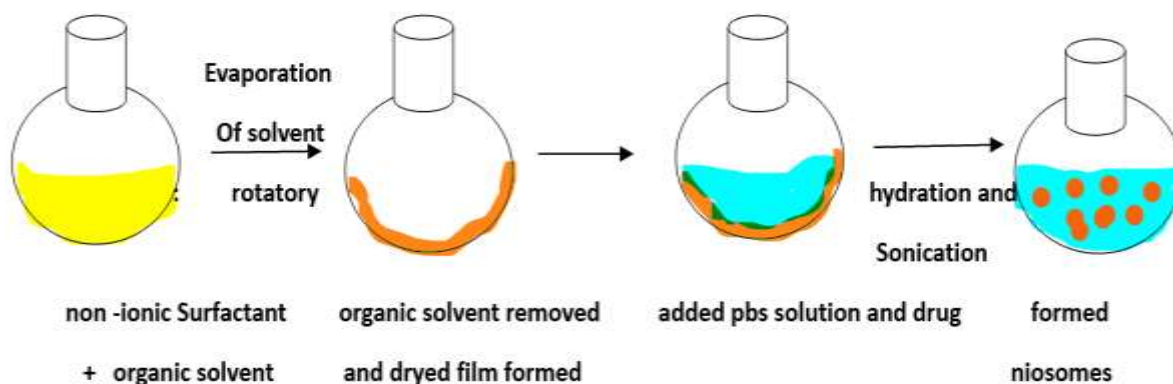


Fig 4; Thin film hydration techniques

Reverse phase evaporation method

In this process firstly drug is prepared in water- based system in one beaker, and surfactant and cholesterol are mixed in an organic solvent in another beaker. After that in the organic aqueous phase is added. and formed two -phase arrangement, this phase is homogenized under reduce pressure to remove organic phase, after removed organic phase the large unilamellar vesicles are formed.[16][45]

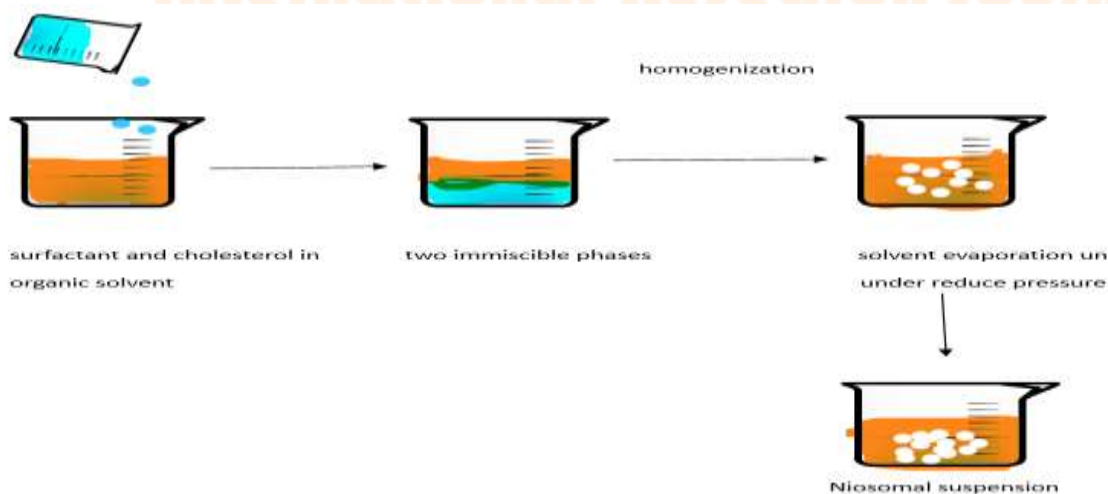


Fig 5; Reverse phase evaporation method

Emulsion method

In this techniques , cholesterol and surfactant are mixed in organic solvent in one beaker and aqueous drug solution are prepared in one beaker, after that mixture of organic solvent is added in an aqueous medication solution to create an emulsion of oil in water. After that, the evaporation of organic solvent occurs to get an aqueous medium containing niosomes suspension.[17]

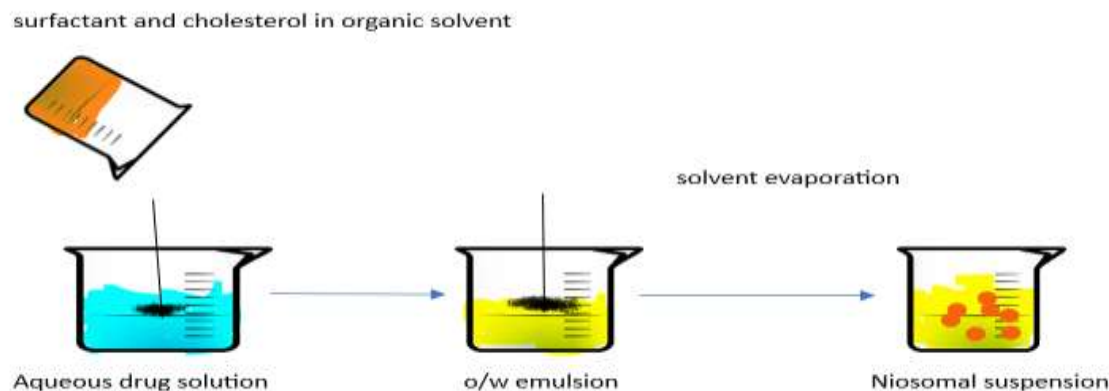


Fig 6; Emulsion method

Micro fluidization method

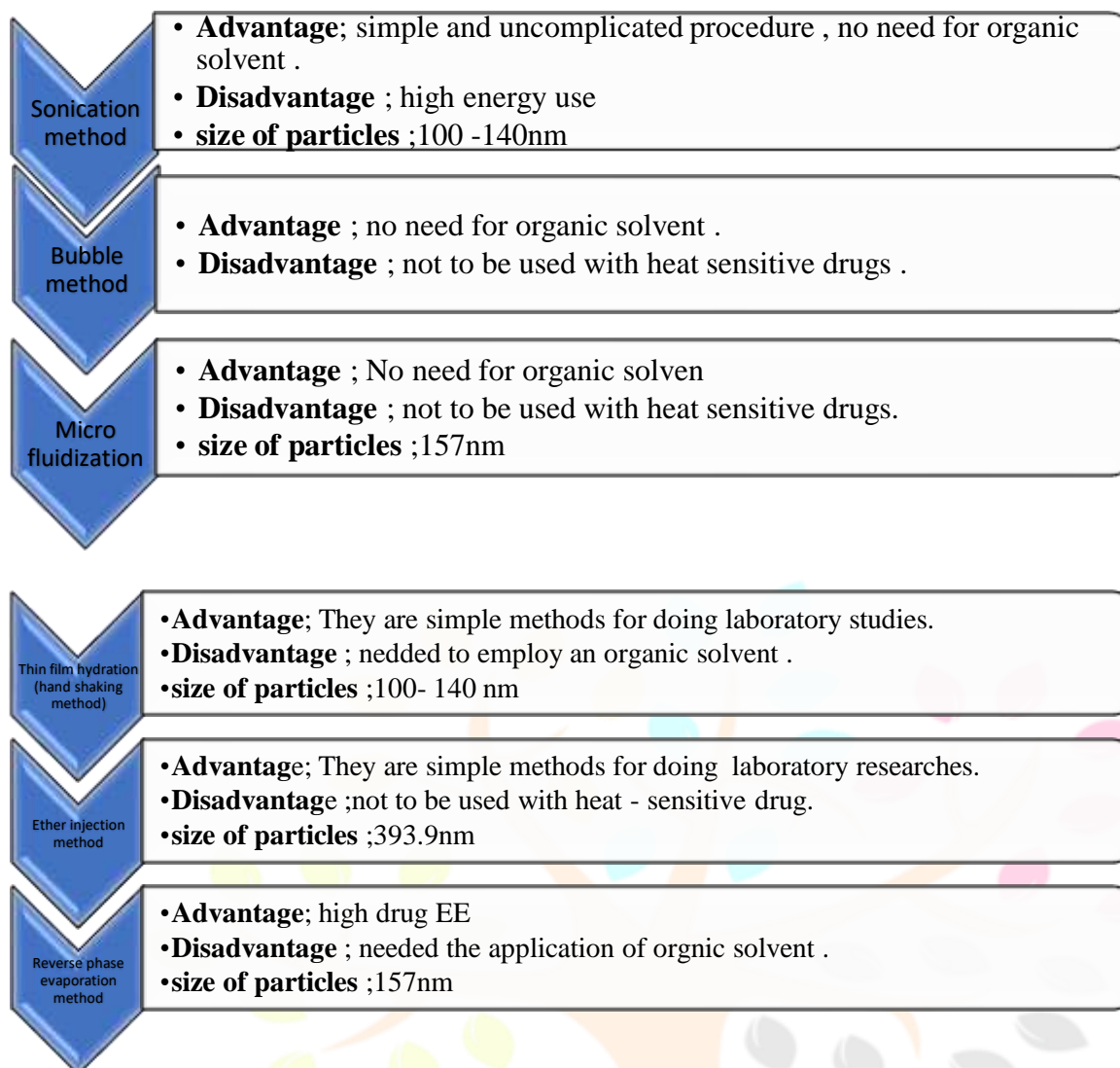
In this techniques , drug and surfactant are combined, then exerted pressure to create a reservoir, to an ice-filled communication chamber. To eliminate the heat produced throughout the procedure, the solution is run through a cooling loop. This process results in highly homogenous niosomes that are reduced in size.[41]

Lipid injection method

In this techniques, organic solvent are not necessarily used. cholesterol and surfactant both are melted and then injected to create a niosomes suspension into a highly watery phase containing drug particles that had dissolved.[18]

Ether injection method

In these techniques basic principle is to gradually dissolve a surfactant solution in diethyl ether in hot water that is kept at 60°C. The combination surfactant in ether is injected into aqueous solution using a 14 – gauge needle. Ether vaporization cause only one layer of vesicles to be arranged. The diameter of the vesicles ranges from 50 to 1000 nm, and the shape of the niosomes depends on the conditions used.[19]



NIOSOMES APPLICATION

Delivery of proteins and peptides

Protein and Peptides drugs which are orally administration was always change due to the destruction caused by GITs acidic medium and enzyme. However, these drugs are protected from the proteolytical proteins by niosomes. By the aided of modified light microscope, the definition was improved for stacking and discharged as a component of cholesterol to traverse 60M properties and used methyl organ to identify the location of protein in the vesicles. Niosomes of insulin coated with trimethyl chitosan is prepared for oral administration to improve insulin permeation.[43]

Delivery of vaccine and antigen

There are many surfactants which have been used as vaccine adjuvants because they have immunostimulatory properties. The adjuvant properties of 1-monopalmitoyl glycerol prepared niosomes; cholesterol; dicetyl phosphate (5;4;1) were shown in mice by given an ovalbumin or designed peptide bearing a recognized lymphocyte epitope and ox-like serum subcutaneously. In immune-reconstituted SCID- human mice, the formulation of same niosomes was also found to function as a vaccination adjuvant when administered intraperitoneally.[44][50]

Delivery of anticancer drug

Niosomes details can delivery different anticancer medications with less side effects. conventional chemotherapy is connected to reduced therapeutical effectiveness, a high rate if adverse effects, harm to normal cells, and an inability to target malignant cells specially. Colloidal niosomes system offer a potential approach for both passive and active drug delivery to tissues that pose a risk. Due to the blood-brain barrier low permeation, formulation of niosomes can deliver anticancer drug and control their

stability and low bioavailability and some side effects.[20][33] E.g.; The goal of this study was to examine whether artemether-loaded nano niosomes could have anti- breast cancer effects. Thin film hydration was used to create the niosomes using a mixture of cholesterol, tween and span at varying molar ratio. The formulation of the optimized niosomes was chosen for evaluation. The result of the 12-days trial shown that, in comparison to the control growth, nano-niosomes successfully inhibited tumors growth. [53]

Carrier of haemoglobin

Haemoglobin can also be carried by niosomes. Niosomes suspension visible spectrum appears to be superimposable to the free haemoglobin. Vesicles allow for the passage of oxygen and some way to non-encapsulation haemoglobin the haemoglobin dissociation curve can be changed. The majority of drugs used to treat antineoplastic diseases have severe side effects. The metabolism can be altered by niosomes; prolong the drug's half-life and circulation, thereby reducing its side effects. Niosomes are slower moving end segment that connect greater plasma levels and lowered cancer multiplication rate. [21][47]

Targeted drug delivery

Niosomes have the ability to target medications that is one of the most advantageous features. When treating tumours in animals that are understood to spread to the spleen and liver, such placement of drug is employed. The liver problem caused by parasites can be treated with this medication restriction. Drug can be directed to organs other than the Res with the help of niosomes. Niosomes can be directed toward particular organs by attacking a carrier system, such as antibodies, to them [22][30]

Drug carrier as niosomes

Niosomes may serve as a neighbourhood station for the improved appearance of dermally dynamic constructs and as a solubilization matrix. As agents that improve the penetration or that act as rate limiting film obstructions to control the basic absorption of drug.[23] [28] E.g.; The goal of this work was to assess potential candidates and optimize the formulation of valacyclovir niosomes for long release of drug by using a three -factorial design of experiment. The medication valacyclovir is loaded in niosomes made by the ratio of cholesterol to span 60 in thin-film hydration process. The result shows the effectiveness of entrapment, effect on the vesicles size and the release of medication from the niosomes after the combination of surfactant and cholesterol.[52]

Brain targeting

Pentamidine clinical usefulness is limited because of unfortunate penetrability across blood mind obstruction and more hepatotoxicity. To overcome these problems pentamidine niosomes coated with chitosan -glutamate were ready for the intranasal medication administration to make it to the brain. The blood brain barrier and first pass hepatic metabolism are passed by the intranasal route to the brain. [24][27][35]

Treatment of HIV-AIDS

Zidovudines have low potency and toxicity that make it unstable to treat AIDS patients in more cases. The formulation of niosomes might decrease that significant challenges. They believed that zidovudine loaded niosomes would provide more potential to treat AIDS and supported drug delivery. [25][48] E.g.; The goal of this work to assess the developed carriers' anti-HIV effect. The PEGylated niosomes were loaded with Tenofovir to create a unique formulation using the cholesterol and span 60 surfactants in thin film hydration process. TAT peptide addition for improved cellular transit. The outcome might have shown the efficacy of the tenofovir-loaded PEGylate niosomes coupled with TAT peptide work to fight HIV or prevent the virus from replicating.[51].

Cosmetics

The first cosmetics production Niosomes was present in 1987. The advantage of niosomes in superficial and healthy skin and their application include the capacity to extend the strength of drug entrapped and furthermore develops bioavailability of substances with low absorption rates and enhance the penetration of skin. [26][49]

Table – 1

SEVERAL ROUTES ARE INVESTIGATED FOR NIOSOMES FOR EXAMPLES,

| Route | Drug | Surfactant | Method | Reference |
|------------------------|-----------------------------|-----------------------------------|---|-----------|
| Oral | Celecoxib | Span 60 | Proniosome derived niosomes method | 54 |
| | Ganciclovir | Span 60 and 40 | Reverse phase evaporation | 55 |
| | Plasmid DNA for Hepatitis B | Span 60 | Reverse phase evaporation | 56 |
| | Methotrexate | Tween 80 | Thin film hydration | 57 |
| Ocular | Gatifloxacin | Span 60 | Solvent injection method | 58 |
| | Naltrexone | Span 60 | Reverse phase evaporation Solvent emulsification | 59 |
| | Plasmid pCMS-EGFP | Tween 80 | evaporation | 60 |
| Dermal and transdermal | Acetazolamide | Span 60 | Thin film hydration | 61 |
| | Artemisone | Span 60 | Thin film hydration | 62 |
| | Moxifloxacin | Span 20and 60, Tween 20 and40, | Thin film hydration | 63 |

LIMITATION AND CHALLENGES OF NANOCARRIER

Researchers and regulatory bodies encounter many difficulties when it comes to drug-loaded nanocarriers. Stability maintenance, scalable optimization techniques, robust characterization techniques and safety regulation are required to overcome these challenges.[64]

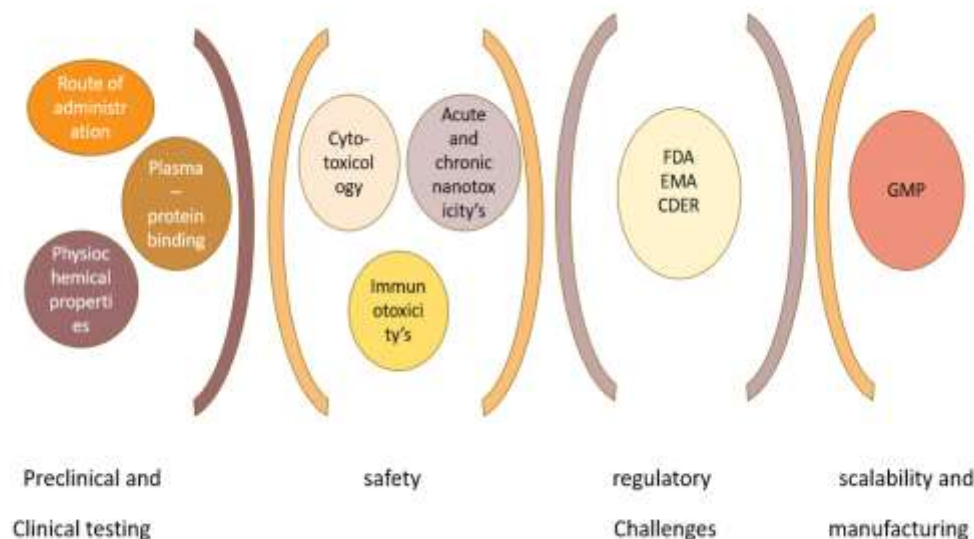


Fig 7; Pharmaceutical nanotechnology's present limitations and challenges.

CONCLUSION

Nanocarriers act as progressive stage to limit toxicity, further develop drug effectiveness and make it more targetable by novel preparation, formulation components and modification method. Over the past few years, various nanocarriers details have been improved, presenting a variety of *in vitro* and *in vivo* characterization methods. They are mostly made of cholesterol and surfactant at a buffer solution at proper pH. Niosomes have been broadly read up for various applications for treatment of cancer, transdermal, skin, oral to brain specifically administered medication. Niosomes have been investigated as a liposomes substitute. Niosomes have a higher chemical stability than liposomes do, less toxic, low cost and osmotically active. Non-ionic surfactant vesicles have ability to change drug metabolism, tissue distribution, plasma clearance energy and cell contact.

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