



# Shri Shiv Singh: A Dronacharya Awardee and His Legacy in Indian Boxing Coaching

\*Kuldeep, Research Scholar, Deptt. of Physical Education, Panjab University, Chandigarh

\*\*Prof. Neeru Malik, Principal, Dev Samaj College for Women, Sector-45, Chandigarh

## Abstract

This research paper aims to highlight the exemplary attributes of Shri Shiv Singh as a distinguished figure in the field of coaching and sports development. The study employs a case study approach, drawing data from primary sources such as personal records, interviews with Shri Shiv Singh, pictorial documentation and published materials. Additionally, secondary sources were analyzed to provide a comprehensive understanding of his contributions.

To assess his impact, a structured survey was conducted among 115 respondents, including elite athletes, colleagues, fellow coaches, and physical education experts from across the country. The survey utilized a questionnaire designed to evaluate perceptions of Shri Shiv Singh's personality, coaching philosophy, and professional influence.

The findings reveal that Shri Shiv Singh initially engaged in hockey and cricket during his school years before transitioning to boxing in college, where he developed a deep passion for the sport. Over the years, he has earned numerous accolades and has played a pivotal role in shaping Indian boxing. The survey responses indicate that he is a disciplined, health-conscious, and technically proficient coach, known for his patience, resilience, and ability to mentor athletes with unwavering dedication. His composed demeanor, problem-solving skills, and cooperative nature have further solidified his reputation as one of India's most esteemed boxing coaches.

Beyond his contributions to boxing, Shri Shiv Singh serves as an inspiration to sports professionals across disciplines, demonstrating the values of perseverance, integrity, and commitment to excellence. His journey stands as a testament to the transformative power of dedicated coaching in shaping both individual athletes and the broader sporting community.

**Keywords:** Sports Leadership, Case Study, Physical Education, Boxing, Coaching Excellence.

## Introduction

Games and sports are integral to human life, offering not only recreation but also valuable lessons in social interaction, discipline, and personal development. They play a crucial role in shaping an individual's character,

enhancing physical and mental well-being, and fostering teamwork and resilience. Without sports, life would lack excitement and engagement, making them an essential aspect of human culture. Over time, the significance of sports has evolved, influencing societies in diverse ways and catering to different aspirations, whether for fitness, competition, or entertainment.

Among the many sports played worldwide, boxing holds a unique place. It is one of the oldest forms of combat sports, combining skill, strategy, and endurance. The origins of boxing can be traced back to ancient civilizations, with its first official recognition as an Olympic sport in 688 BCE during the 23rd Olympic Games. Since its inclusion in the modern Olympics in 1904, boxing has grown into a globally recognized discipline, producing legendary athletes and esteemed coaches who have contributed to its development.

In the context of Indian boxing, Dronacharya Awardee Shri Shiv Singh stands out as a coach par excellence. His dedication, expertise, and unwavering commitment to the sport have shaped the careers of numerous boxers, earning him widespread respect. This case study delves into his remarkable journey, exploring his contributions to Indian boxing and the impact of his training methodologies. Beyond just a biography, it highlights the dedication and passion that define great coaches and their lasting influence on the sport.

## Review of Literature

**Hodge, K., Henry, G., & Smith, W. (2014)** conducted a case study focusing on the New Zealand All Blacks rugby team during the period from 2004 to 2011, under the coaching of Graham Henry and Wayne Smith. The study examined the motivational climate fostered by this coaching duo, culminating in the team's victory at the 2011 Rugby World Cup. In-depth interviews with the coaches highlighted strategies that promoted a mastery-oriented environment, contributing to sustained excellence.

**Mallett, C. J., & Lara-Bercial, S. (2016)** explored the professionalization of sports coaching through a case study of a graduate-level sports coaching education program with a concentration in soccer coaching at Ohio University. The study investigated the program's development, curriculum design, and delivery, highlighting the challenges and demands faced by 21st-century coaches and the importance of formal education in meeting these professional standards.

**Kumar and Singh (2018)** conducted a case study on Dr. Dalel Singh, a distinguished volleyball player, coach, sports administrator, and promoter. Recognized for his contributions to Indian sports, Singh was nominated for the Arjuna Award and played a crucial role in developing players by providing training facilities, refining their skills, and ensuring fair team selections. His integrity, coaching expertise, and commitment to ethical decision-making earned him widespread respect as both a coach and an administrator.

**Singh, Kumar, and Kumar (2020)** examined the career of Indian wrestler Satyawart Kadian, who has won multiple national and international medals. Using personal interviews and direct interactions, the study provided an in-depth understanding of Kadian's journey, highlighting his silver, bronze, and gold medal achievements. The research emphasized his role as an inspiration for physical education professionals and the future of Indian wrestling, offering valuable historical insights for aspiring athletes.

**UK Coaching (2022)** presented case studies from the "Coaching For All" program, designed to address the underrepresentation of Black, Asian, and minority ethnic coaches in paid coaching roles. The year-long training program supported aspiring coaches from diverse backgrounds, sharing their experiences and highlighting the importance of inclusivity in coaching.

**Kumar and Sharma (2023)** conducted a case study on Olympic bronze medalist in hockey Sumit Valmiki, focusing on the socio-psychological factors influencing his performance. Using standardized psychological assessment tools such as the Frustration Test, Self-Confidence Inventory, Sports Achievement Motivation Questionnaire, and Aggression Questionnaire, the study revealed Valmiki's exceptional skills, high frustration tolerance, and strong self-confidence. His remarkable motivation and composure under pressure demonstrated the psychological resilience required for success in competitive sports.

**Kumar and Giri (2023)** explored the contributions of Johny Chaudhary, a recipient of the Parshuram Award, to Indian wrestling and sports development. The study employed both primary and secondary research methods, including a structured questionnaire to collect personal and professional insights. Their findings significantly enriched sports literature by shedding light on the challenges faced by athletes and providing motivation for future generations in wrestling and physical education.

**Rani, Shrivastava, and Das (2023)** conducted a case study on Miss Maninder Kaur, a prominent handball player and advocate for sports development. Utilizing literary sources, interviews, and surveys, the research examined her personal struggles, academic and athletic achievements, and contributions to the promotion of handball. The study underscored her role as a source of inspiration for young athletes and students, encouraging wider participation in handball at a national level.

**Laakso, T., & Collin, K. (2023)** examined the globalization of sport coaching through a case study of Finnish high-performance ice hockey coaches working abroad. The research delved into the coaches' experiences, challenges, and the impact of cultural differences on their coaching practices, providing insights into the complexities of cross-national coaching migration.

**Elliott, R., & Drust, B. (2023)** investigated elite coaches' international migration as part of their career transitions within the global sporting landscape. Using a qualitative case study design, the research highlighted the personal and professional challenges faced by coaches adapting to new cultural and organizational contexts, emphasizing the need for support systems to facilitate successful transitions.

These studies contribute to a deeper understanding of the diverse challenges and developments in sports coaching and athlete management across different cultural and organizational contexts. This body of literature also provides a comprehensive understanding of the impact that distinguished athletes and coaches have had on Indian sports, serving as a foundation for analyzing the contributions of Dronacharya Awardee Shri Shiv Singh in the field of boxing.

## Methodology

This study employs a case study approach to explore the life and contributions of Shri Shiv Singh as an eminent boxing coach, sports promoter, mentor, and colleague. A case study enables in-depth investigation into specific individuals, groups, or events, making it a suitable method for analyzing the coaching philosophy, career trajectory, and influence of Shri Shiv Singh in the realm of sports coaching and training.

## Data Collection Methods

A multi-method approach was adopted to ensure a comprehensive and holistic understanding of Shri Shiv Singh's coaching excellence and personality traits. The data collection involved the following:

## 1. Primary Sources

- Personal records of Shri Shiv Singh.
- In-depth interviews with Shri Shiv Singh to understand his journey, experiences, and coaching philosophy.
- Survey responses from athletes, coaches, and colleagues.
- Pictorial records and documentary evidence related to his career.

## 2. Secondary Sources

- Published materials in newspapers and sports magazines on Shri Shiv Singh.
- Research articles and literature reviews on sports coaching and personality assessment.

## 3. Opinion Rating Survey

To gain quantitative insights, an Opinion Rating Survey was conducted. The survey aimed to evaluate the various personality dimensions of Shri Shiv Singh based on feedback from 115 respondents, including players, admirers, colleagues, and fellow coaches. A structured questionnaire was designed, featuring 75 statements covering aspects such as:

- Discipline and leadership qualities
- Coaching effectiveness
- Interpersonal relationships with players and colleagues
- Contribution to Indian boxing

Each statement was rated using a Likert scale, and the responses were analyzed using statistical measures such as mean, median, and standard deviation.

### Data Analysis

The collected qualitative and quantitative data were carefully examined. The interview transcripts were thematically analyzed to identify recurring patterns in Shri Shiv Singh's coaching philosophy. The survey data were statistically analyzed to assess the perceptions of respondents regarding his role, impact, and legacy in the field of boxing.

This systematic and triangulated methodology ensures that the study presents an accurate, well-rounded, and insightful portrayal of Shri Shiv Singh as a Dronacharya Award-winning coach and an eminent personality in Indian sports.

### Data Validation and Reliability

- A multi-source verification process was employed to enhance data reliability and credibility.
- Cross-referencing information from interviews, observations, and published sources ensured the authenticity and accuracy of the findings.
- The study also incorporated expert opinions and peer reviews to strengthen the objectivity of the research.

By integrating multiple data collection techniques, this research aims to provide a holistic and well-rounded understanding of Shri Shiv Singh's legacy in the field of boxing coaching.

**Objectives:**

1. To explore the motivational journey that inspired him to become a player and coach.
2. To analyze his core principles and goals in coaching.
3. To examine his personality and influence as a renowned coach.
4. To assess his contributions to the promotion and development of boxing in India.
5. To document the awards and recognitions he has received.

**Personal Information of Shri Shiv Singh**

Shri Shiv Singh, an esteemed Indian boxing coach, has dedicated over 25 years to shaping the nation's boxing landscape. He has served as the Head Coach and Coach-in-Charge of the Indian National Boxing Teams, contributing significantly to the growth of boxing in India.

**Early Life and Education**

Born on September 4, 1956, in Chandigarh, Shri Shiv Singh grew up in a family with a strong sporting background. His father, an athlete, and a govt. servant, inspired him to actively participate in sports from an early age. He completed his early education at Govt. Primary School, Sector-11, Chandigarh, where he initially played hockey and cricket before discovering his passion for boxing.

His journey into boxing began nearly four decades ago when he was influenced by a Fijian student and a Three-Star AIBA Coach. Driven by his fascination with the sport, he pursued a Diploma in Boxing Coaching from the Netaji Subhash National Institute of Sports (NSNIS), Patiala, in 1980, under the mentorship of Shri O.P. Bhardwaj, India's first Dronacharya Awardee in boxing.

Continuing his education, he enrolled at Government College, Chandigarh, and later moved to DAV College, Jalandhar, where he pursued a Master of Arts in History. His deep interest in boxing was further ignited when he engaged in a friendly fight with a champion boxer at a young age. He participated in his first boxing championship in Himachal Pradesh, but faced defeat in an open match, which further motivated him to refine his skills.

**Coaching Career and Achievements**

Shri Shiv Singh began his professional boxing career in 1981 by coaching the Indian Army Boxing Teams. Two years later, in 1983, he joined Netaji Subhash National Institute of Sports (NSNIS), Patiala as a coach, where he played a crucial role in developing emerging boxing talents. Under his mentorship, his team secured several national and international medals, including training the first-ever senior women's boxing gold medalist from Chandigarh.

In 1995-1996, he completed an Advanced Boxing Coaching Program at Leipzig University, Germany, which enhanced his coaching expertise. From 1996 to 2001, he served as the Head Coach of the Indian Junior Boxing Team, leading them to numerous international gold medals. His tenure as Head Coach of the Senior Men's Team (2001-2010) was equally successful, with his athletes securing medals in various international championships.

Despite facing a significant health setback in 2011, when he underwent heart bypass surgery, Shri Shiv Singh continued his dedication to Indian boxing. He later took charge of the Indian Junior Women's Boxing Team at the 2013 and 2015 World Championships, further solidifying his reputation as a distinguished coach.

## Contributions to Indian Boxing

Over the years, Shri Shiv Singh has played a pivotal role in mentoring both youth and senior teams, including the Indian Women's National Team. His expertise has been recognized by the Boxing Federation of India (BFI), where he has served as a Referee Judge and a Three-Star AIBA Coach. Additionally, he has been nominated as the Head Coach of both the Elite Men's and Elite Women's Teams, leading them to medal victories at prestigious competitions.

Currently, he is actively involved in grassroots sports development and is collaborating with the Chandigarh Administration to nurture and strengthen local sporting talent. His lifelong dedication to boxing continues to inspire and shape future generations of Indian athletes.

For his enormous contribution for Indian Boxing, Govt. of India honoured him with Dronacharya Award (boxing - lifetime) in year 2020.

## Sports Career of Shri Shiv Singh

### Personal Achievements as a Player

- Two-time Gold Medalist and one-time Silver Medalist at the All India Inter-University Boxing Championships.
- Multiple-time State Champion in boxing.
- Gold Medalist at the Northern India Boxing Championship.
- Represented India as Head Coach/Coach-in-Charge in over 25 international tournaments.

### Coaching Career and Experience

With 37 years of coaching experience, including 25 years at National Coaching Camps, Shri Shiv Singh has played a pivotal role in shaping Indian boxing. His career spans coaching at state, university, national and international levels, significantly contributing to the development of boxing in India.

#### 1. Early Coaching Career (1981–1983)

- Began his coaching career in 1981 with the Indian Army Boxing Teams, where he trained and developed gold medal-winning boxers.
- Served as a Boxing Coach in Haryana, working in Karnal and Panipat, where he produced several state and national medalists.

#### 2. Coaching at National Institutes and Universities (1983–1995)

- Joined NIS Patiala in 1983 and mentored boxers from Karnataka, leading them to national-level victories.
- Served as an Academic Teacher at NSNIS Patiala, training the next generation of boxing coaches and boxers.
- Coached athletes (boxers) from Allahabad, producing its first-ever national medalist in 1985-86.
- Produced numerous state, national, and international champions, including India's first Senior Women's Boxing Gold Medalist from Chandigarh.

#### 3. Advanced International Coaching and National Team Leadership (1995–2010)

- Completed the Advanced Boxing Coaching Program at Leipzig University, Germany (1995-96), achieving top marks in the International Advanced Boxing Course.

- Appointed Head Coach of the Sub-Junior Men's Team (1996–2001), successfully leading young talents to national and international victories.
- Served as Head Coach of the Indian Junior Boxing Team in 1999, producing multiple international medalists.
- Worked as a Coach for the Senior Men's National Team (2001–2010), where his athletes secured lot of Medals in Olympic Games, World Championships, Asian Games, Asian Championships and Commonwealth Games.

#### 4. Head Coach of Indian Men/Women's Boxing Team (2011–2019)

- Led the Indian Junior Women's Boxing Team (2011–2015), secured
- One Bronze Medal at the 2013 World Championship.
- Three Gold and Two Silver Medals at the 2015 World Championship.
- Served as Head Coach of the Senior Women's Boxing Team (2015), leading to Silver and Bronze Medal victories at the Asian Championship.
- Retired from the Sports Authority of India in 2016 as Chief Boxing Coach.
- Appointed Head Coach of the Elite Men's Team (2017), guiding boxers to:
- World Boxing- Bronze Medal.
- Asian Championship- Bronze Medal.
- Served as Head Coach of the Elite Women's Team (2017–2019), coaching athletes who won:
- Gold, Silver, and Bronze Medals at the 2018 World Championship.
- Gold Medal at the 2018 Commonwealth Games.
- Asian Championship Medals.
- Recent Coaching Assignments and Contributions (2019–Present)
- Head Coach in the Big Bout Boxing League (December 2019).
- Appointed Chief Coach of the Nepal Boxing Team for the 2023 Asian Games.
- Conducted boxing training programs for coaches and athletes in Chhattisgarh (2024).
- Provided coaching guidance to Tata coaches in Jharkhand and worked with the internal Indian boxing circuit.
- Served as Head Coach at Spathau, training both athletes and coaches.
- Currently collaborating with the Chandigarh Administration to develop local talent at both state and national levels.

#### Coaching Philosophy of Shri Shiv Singh

Shri Shiv Singh Ji, a distinguished boxing coach with over three decades of experience, has developed a holistic and disciplined coaching philosophy that integrates mental, physical, and ethical aspects of an athlete's journey. His philosophy is deeply rooted in honesty, perseverance, and experiential learning, emphasizing that true success comes from consistent effort rather than shortcuts.

#### Holistic Athlete Development

Shri Shiv Singh believes in fostering a strong coach-athlete relationship based on mutual trust, integrity, and discipline. He places a strong emphasis on:

- **Mental and Physical Alignment:** Helping boxers develop a synergistic connection between mind and body through feedback analysis and personalized training.
- **Persistence and Hard Work:** Encouraging athletes to embrace challenges and remain dedicated to long-term progress rather than seeking instant results.
- **Individualized Attention:** Identifying players who struggle and providing them with tailored guidance, leading to unexpected and exceptional performances.

### **Integration of Modern Techniques**

Shri Shiv Singh is a strong advocate of technology in sports coaching. He has explored the use of artificial intelligence in boxing and has imparted online training to educate athletes and coaches on advanced analytical techniques for performance enhancement.

### **Inspirational Leadership and Motivation**

- As a former player, he inspired numerous athletes by sharing thrilling stories of perseverance and resilience, instilling a never-give-up mindset.
- He actively engaged with parents and teachers, narrating his experiences as a player, coach, and mentor, to emphasize the importance of dedication and structured training in sports.
- He also highlighted the significance of traditional Indian sports like Kho-Kho and Kabaddi, advocating for their inclusion in grassroots training programs.

### **Commitment to Ethical Coaching and Experiential Learning**

Shri Shiv Singh is known for his keen observational skills, analytical approach, and ability to teach through experience. His coaching is guided by:

- **Respect for Female Athletes:** Ensuring a dignified, safe, and empowering environment for women in sports.
- **Psychological Understanding and Player Management:** Adopting a balanced coaching style that integrates empathy, discipline, and motivation.
- **Situational Awareness and Resource Optimization:** Understanding the unique needs of players, using available resources efficiently, and adjusting coaching strategies accordingly..

Shri Shiv Singh's vast knowledge of boxing rules, regulations, and strategies, combined with his deep appreciation for traditional and modern training methodologies, makes him a mentor par excellence. His coaching philosophy continues to inspire, guide, and shape the future of Indian boxing.

### **Result**

An opinion rating survey was conducted to assess the various personality dimensions of Shri Shiv Singh Ji, involving 115 respondents from diverse backgrounds, including players, admirers, colleagues, coaches, and contemporaries. The survey data, comprising 75 carefully analyzed statements, was evaluated using mean, median, and standard deviation to ensure a comprehensive understanding of his contributions and impact.

Sr No.	Items	N	Mean	Median	SD	Minimum	Maximum
1	Shri Shiv Singh is having a very pleasant personality.	115	3.76	4	0.431	3	4
2	He is very friendly and co-operative.	115	3.77	4	0.446	2	4
3	He cares a lot about his health.	115	3.61	4	0.49	3	4

Sr No.	Items	N	Mean	Median	SD	Minimum	Maximum
4	He is regular in his daily exercise.	115	3.55	4	0.534	2	4
5	He possesses good physique.	115	3.61	4	0.508	2	4
6	He rarely loses his composure..	115	3.48	4	0.597	2	4
7	He is having a lot of patience and perseverance.	115	3.7	4	0.458	3	4
8	He is capable to overcome obstacles.	115	3.7	4	0.516	1	4
9	He demonstrates a compassionate disposition towards others.	115	3.61	4	0.541	2	4
10	He has a straightforward personality.	115	3.55	4	0.517	2	4
11	He does not compromise with his principles.	115	3.6	4	0.574	1	4
12	He is having good sense of humor.	115	3.46	4	0.597	2	4
13	He is not rigid person.	115	3.43	3	0.578	2	4
14	He is religious minded person.	115	3.23	3	0.64	1	4
15	He does not believe much in social service.	115	2.2	2	0.92	1	4
16	He is not stubborn.	115	3.28	3	0.656	2	4
17	He believes in learning by doing.	115	3.61	4	0.49	3	4
18	He knows how to influence others.	115	3.56	4	0.533	2	4
19	He is a role model for others.	115	3.66	4	0.494	2	4
20	He is very hardworking and industrious.	115	3.7	4	0.462	3	4
21	He is a source of support and strength to everybody.	115	3.55	4	0.55	2	4
22	He was very popular among his colleagues.	115	3.54	4	0.518	2	4
23	He had great aspiration.	115	3.37	3	0.584	2	4
24	He is proud of his country.	115	3.77	4	0.441	2	4
25	He is very prompt in replying of letters.	115	3.31	3	0.64	1	4
26	He always keeps records up to date.	115	3.6	4	0.492	3	4
27	His administrative approach is always democratic.	115	3.44	3	0.58	1	4
28	He has never used his position for personal benefits.	115	3.6	4	0.604	1	4
29	His planning is meticulous.	115	3.63	4	0.486	3	4
30	He has never let himself down at the time of failure.	115	3.58	4	0.562	1	4
31	He never hesitates to bear responsibility if his decision creates any adverse atmosphere.	115	3.57	4	0.515	2	4
32	He distributes responsibility with authority.	115	3.43	3	0.548	2	4
33	He always encourages responsible and efficient workers.	115	3.63	4	0.484	3	4
34	He likes to works in framed rules and regulations.	115	3.5	4	0.598	2	4
35	He keeps transparency in his working culture.	115	3.5	4	0.598	1	4

Sr No.	Items	N	Mean	Median	SD	Minimum	Maximum
36	He takes daily feedback from his Assistant Coach & subordinate staff for their work/coaching.	115	3.48	3	0.536	2	4
37	He never keeps pending any job.	115	3.53	4	0.582	1	4
38	He has tremendous ability to overcome obstacles.	115	3.61	4	0.525	2	4
39	He is a good conversationalist.	115	3.61	4	0.508	2	4
40	He inspired all those who came to him	115	3.7	4	0.458	3	4
41	He always creates open and trusting climate.	115	3.59	4	0.528	2	4
42	He is always a source of support and strength to everybody.	115	3.62	4	0.523	2	4
43	He is always receptive to new idea.	115	3.6	4	0.492	3	4
44	He has very good public relations.	115	3.58	4	0.513	2	4
45	He was very punctual and his discipline to his office	115	3.7	4	0.516	1	4
46	He never showed inclination of favors towards any of his subordinates & Assistant Coach	115	3.53	4	0.597	1	4
47	He invited suggestions from his Subordinates, Juniors & Assistant Coach also.	115	3.57	4	0.497	3	4
48	He had strict supervision over his Subordinates & Assistant Coach.	115	3.26	3	0.65	2	4
49	He has the rare quality of handling complex problem with competency and clarity.	115	3.55	4	0.566	2	4
50	He is very adept at providing motivation to his subordinates & Assistant Coach.	115	3.57	4	0.498	3	4
51	He recognized and promoted those who performed admirably in their jobs.	115	3.57	4	0.531	2	4
52	He maintains warm and friendly relationship with his colleagues.	115	3.62	4	0.506	2	4
53	He gives importance to his Colleagues.	115	3.56	4	0.516	2	4
54	He always had faith in his colleagues & Assistant Coach.	115	3.47	3	0.535	2	4
55	He displayed a strong enthusiasm for administration.	115	3.51	4	0.536	2	4
56	He is honest and sincere to his assignments	115	3.69	4	0.484	2	4
57	He was an administrator par excellence	115	3.62	4	0.523	2	4
58	He is a very knowledgeable person.	115	3.68	4	0.469	3	4
59	He values every valuable suggestion.	115	3.68	4	0.488	2	4
60	He is a committed professional.	115	3.59	4	0.544	2	4
61	He has very natural ability of sporting talent.	115	3.71	4	0.473	2	4
62	He has vast knowledge about sports and games.	115	3.74	4	0.441	3	4

Sr no.	Items	N	Mean	Median	SD	Minimum	Maximum
63	His approaches to sports is most scientific.	115	3.73	4	0.465	2	4
64	His daily schedule for the players was always on scientific lines.	115	3.57	4	0.547	1	4
65	He inspired players by giving examples of outstanding sportsmen of the world.	115	3.63	4	0.501	2	4
66	He has keen to make players popular in the country.	115	3.66	4	0.494	2	4
67	Despite being retired, he continues to play a significant role as a sports promoter.	115	3.72	4	0.45	3	4
68	He was a great promoter of sports.	115	3.58	4	0.546	2	4
69	He encouraged and promoted all game and sports.	115	3.41	3	0.605	1	4
70	He consistently prioritized a healthy diet and physical exercise.	115	3.64	4	0.481	3	4
71	He always encouraged players to improve their performance.	115	3.72	4	0.45	3	4
72	He is fond of other games and sports.	115	3.29	3	0.618	1	4
73	He does not want to use unfair means to achieve higher goals.	115	3.5	4	0.627	1	4
74	He has belief in team work.	115	3.7	4	0.462	3	4
75	He maintains daily diary and schedule.	115	3.56	4	0.516	2	4

## Conclusion

The findings highlight Shri Shiv Singh Ji's coaching excellence, which earned him the prestigious Dronacharya Award in boxing, conferred by the President of India. The overwhelmingly positive responses from his peers and athletes underscore his remarkable attributes—a disciplined mentor, an open-minded leader, a team player, a confident and faithful guide, a passionate boxing promoter, and, above all, a compassionate individual.

These insights reaffirm that Shri Shiv Singh Ji epitomizes coaching excellence through his unwavering support, deep passion for the sport, commitment to integrity, belief in teamwork, and structured training methodology. His coaching philosophy extends beyond skill development, instilling in players core values that shape their personal and professional growth.

His journey stands as a powerful case study, demonstrating the transformative impact of dedicated coaching on both individual success and collective progress in sports. The legacy of Shri Shiv Singh Ji continues to inspire generations, making a lasting contribution to the world of boxing and sports development in India.

## References

- Elliott, R., & Drust, B. (2023).** Coaching transitions across borders: Elite coaches' international migration. *International Sport Coaching Journal*, 12(1), 116-130. Retrieved from <https://journals.humankinetics.com/abstract/journals/iscj/12/1/article-p116.xml>
- Kumar, A., & Giri, M. P. (2023).** A resolute personality from mountains, Parshuram awardee Johny Chaudhary: A case study. *Journal of Sports Science and Nutrition*, 4(2), 33-36.

3. **Kumar, H., & Sharma, J. (2023).** Socio-psychological profile of Olympic bronze medalist hockey player Mr. Sumit Valmiki: A case study. *Sports Science & Health Advances*, 1(1), 53-56.
4. **Laakso, T., & Collin, K. (2023).** Coaching across borders: Finnish high-performance ice hockey coaches. *International Sport Coaching Journal*, 12(1), 104-116. Retrieved from <https://journals.humankinetics.com/abstract/journals/iscj/12/1/article-p104.xml>
5. **Rani, P., Shrivastava, Y., & Das, R. (2023).** Maharaja Ranjit Singh awardee Ms. Maninder Kaur: An eminent handball player and a sports promoter – A case study. *Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery*, 27(1).
6. **UK Coaching. (2022).** *Coaching for all: Increasing diversity in coaching*. UK Coaching. Retrieved from <https://www.ukcoaching.org/resources/topics/research/coaching-for-all-case-studies>
7. **Singh, S., Kumar, H., & Kumar, D. (2020).** Arjuna awardee Satyawart Kadian: An eminent sports personality – A case study. *International Journal of Physical Education, Sports and Health*, 7(6).
8. **Kumar, V., & Singh, K. (2018).** Dr. Dalel Singh, Arjuna awardee: An eminent sports person – A case study. *International Journal of Information Movement*, 2(12), 125-126.
9. **Mallett, C. J., & Lara-Bercial, S. (2016).** Professionalization of sports coaching: A graduate program case study. *Sport Management Review*, 19(4), 417-430. doi: 10.1016/j.smr.2015.11.001
10. **Hodge, K., Henry, G., & Smith, W. (2014).** A case study of motivational climate in elite sport: The New Zealand All Blacks Rugby Team. *Self-Determination Theory*. Retrieved from [https://selfdeterminationtheory.org/wp-content/uploads/2015/02/2014\\_HodgeHenrySmith.pdf](https://selfdeterminationtheory.org/wp-content/uploads/2015/02/2014_HodgeHenrySmith.pdf)
11. **Olympedia. (2006).** Boxing at the 1904 Summer Olympics. Retrieved from <https://www.olympedia.org/editions/3/sports/BOX>

