



# A CASE STUDY ON DRONACHARYA AWARDEE SHRI SHIV SINGH BOXING COACH: A QUALITATIVE ANALYSIS

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## ABSTRACT

This case study explores the life, coaching philosophy, and enduring impact of Shri Shiv Singh, a distinguished Indian boxing coach and recipient of the prestigious Dronacharya Award. Through a qualitative research approach, the study investigates his contributions to Indian boxing from the perspectives of athletes, colleagues, and fellow coaches. Data were collected using both formal and informal interviews, followed by thematic content analysis to identify core areas of influence.

The findings highlight Shri Shiv Singh's deep commitment to discipline, ethics, and personalized coaching. His training programs, which blend traditional methods with modern scientific approaches, have been widely credited for improving athletes' technical skills, ring awareness, and mental toughness. Interviewees such as Kavinder Bisht, Tashi Phuntsho, and Jitender Raj Singh recognized his holistic coaching methods as instrumental in elevating their performance, especially under pressure.

Moreover, his democratic leadership style and focus on team cohesion, as noted by colleagues and players, demonstrate his ability to foster both individual excellence and collective success. His emphasis on cultural values and sportsmanship further distinguishes his coaching legacy, offering a model of ethical and culturally integrated sports education. Respondents consistently described him as a humble, approachable, and inspirational mentor whose influence extended beyond the boxing ring.

Despite receiving the Dronacharya Award later in his career, Shri Shiv Singh's longstanding contributions have left an indelible mark on Indian boxing. His journey exemplifies how value-based, athlete-centered coaching can shape not only sporting achievements but also the personal and moral development of athletes. This study contributes to the literature on sports mentorship and coaching excellence, offering insights for educators, researchers, and practitioners in physical education and sports sciences.

**Keywords:** sport personality, case study, interviews, qualitative analysis, Dronacharya.

## INTRODUCTION

Games and sports are integral to human existence, and it is difficult to imagine life without them. They serve as highly effective means of teaching individuals appropriate behaviour in social contexts. Participation in games and sports plays a vital role in developing social skills and enhancing the ability to uphold high standards in human interactions. Without games and sports, life would undoubtedly become monotonous and tedious. This is precisely why sports hold such significance: they provide a source of enjoyment and engagement. In contemporary society, sports occupy a more complex and prominent place in our culture than in earlier times. The benefits of playing sports are diverse and vary from person to person. Beyond shaping an individual's physical attributes, games and sports have a profound impact on cognitive processes, behaviour, and social relationships.

In the realm of Indian boxing, few figures have had as profound an impact as Shri Shiv Singh, whose career as a coach and mentor spans decades of dedicated service to the sport. A recipient of the prestigious Dronacharya Award, he is widely acknowledged for his significant contributions to athlete development, coaching innovation, and the promotion of boxing at both national and international levels. His coaching philosophy, rooted in discipline, ethical values, and a deep understanding of the sport, has shaped the careers of numerous accomplished boxers.

This research paper aims to examine the professional journey and influence of Shri Shiv Singh through a qualitative case study approach. By collecting insights from players, colleagues, and fellow coaches, the study seeks to understand his coaching methods, leadership style, and the broader impact he has had on the Indian boxing ecosystem. The research also highlights how his approach integrated traditional Indian values with modern training practices, contributing not only to athletic performance but also to the personal growth and moral development of his trainees. In doing so, this study offers valuable perspectives for sports educators, policymakers, and practitioners seeking to understand the transformative role of mentorship in sports.

## REVIEW OF LITERATURE

**Singh, Kumar, and Kumar (2020)** conducted a comprehensive case study on Indian wrestler Satyawart Kadian, who has garnered multiple prestigious awards and medals throughout his career. The researchers employed direct personal contact and interviews as primary methods for data collection, ensuring the reliability and authenticity of the information gathered. Kadian's accomplishments—including silver, bronze, and gold medals at various national and international platforms—highlight his exceptional dedication, discipline, and sporting excellence. These achievements not only reflect his personal growth and resilience but also serve as a source of inspiration for physical education professionals, coaches, and aspiring athletes. Furthermore, the study provides valuable insights into how individual success stories can influence the promotion and development of sports at both grassroots and professional levels in India.

**Kumar and Sharma (2023)** conducted a case study on Mr. Sumit Valmiki, an Olympic bronze medallist, to explore the socio-psychological factors influencing his athletic performance. Data were gathered using primary tools, including the Frustration Test, Self-Confidence Inventory, Sports Achievement Motivation Questionnaire, and Aggression Questionnaire. The results indicated that Valmiki demonstrated exceptional

skills, abilities, and athletic potential. He exhibited high levels of both frustration and self-confidence, coupled with a strong drive for success. Throughout his journey, he consistently honed his expertise while maintaining composure and dignity.

**Kumar and Giri (2023)** conducted an in-depth case study on Johny Chaudhary, a distinguished recipient of the Parshuram Award, to examine his contributions to the field of sports. Utilizing both primary and secondary sources, they designed a standardized questionnaire to gather detailed information about his personal background and professional journey. The study makes a significant contribution to the existing literature in sports and physical education by shedding light on the challenges encountered by athletes. Moreover, it offers valuable inspiration and guidance for future generations pursuing excellence in sports.

**Rani, Shrivastava, and Das (2023)** conducted a case study on Miss Maninder Kaur, a renowned handball player and passionate advocate for sports. Utilizing literary sources, interviews, and questionnaires, the study explored her personal challenges, academic accomplishments, and athletic milestones. The findings highlight her resilience and dedication, serving as a source of motivation for both athletes and students, and encouraging greater participation in handball at a broader level.

#### **OBJECTIVE OF THE CASE STUDY:**

This qualitative case study, titled "**A Case Study on Dronacharya Awardee Shri Shiv Singh – Boxing Coach,**" aims to explore the following objectives:

1. To understand the motivational spirit that inspired him to become a player and coach.
2. To examine his principles and goals as a coach.
3. To explore his contributions to the promotion of boxing in India.
4. To gain insights into his personality traits from the perspectives of players, colleagues, and friends.

#### **METHODOLOGY**

The present study aimed to explore the life of Shri Shiv Singh in various roles - as a player, coach, sports promoter, friend, and colleague. The case study method, a valuable research tool in the field of physical education and sports, was employed. This approach enables researchers to conduct in-depth investigations of individuals, groups, or events within a specific context. It facilitates the collection of rich, detailed data that can enhance teaching practices, inform curriculum development, and improve the overall learning experience in physical education.

Case studies in physical education often incorporate a variety of data collection methods, such as interviews, observations, and the analysis of relevant documents and records. This multifaceted approach allows for a comprehensive and holistic understanding of the subject under investigation.

In this study, the researcher conducted both formal and informal interviews to gather information and insights about Shri Shiv Singh. Considerable effort was made to ensure the collection of meaningful and comprehensive data. Interviews were conducted with players, colleagues, and friends of Shri Shiv Singh. Following the interviews, content analysis was carried out, and key themes were identified to draw meaningful conclusions.

## PERSONAL INFORMATION

Shri Shiv Singh, an Indian boxing coach with over 25 years of experience, has served as a Head Coach or Coach in Charge for the Indian National Teams. Born in Chandigarh in 4<sup>th</sup> Sept. 1956, he began his boxing journey four decades ago after observing a Fijian student and a three-star AIBA coach. He graduated with a diploma in boxing coaching from NSNIS, Patiala in 1980 and received training from Shri O.P. Bhardwaj, the first Indian boxing coach to receive the Dronacharya Award (1985). Shri Shiv Singh has played a pivotal role in the development of Indian boxers, leading Indian Army boxing teams to several national championships and international victories. He has worked extensively with both youth and senior squads, including the Indian women's national team, and is himself a certified 'Three Star AIBA Coach'.

A respected figure in India sports, Shri Shiv Singh has won multiple gold medals and has been a multiple-time State Champion. He has represented the Indian National Team as Head Coach or Coach-in-charge on more than 25 occasions. His coaching career began in 1981 with Indian Army teams, and he has worked in Haryana at Karnal and Panipat. He joined NIS in 1983 and produced a National Medallist from Karnataka. He was a State Champion and All India Inter-university Champion. He also completed an Advanced Boxing Course from Germany.

From 1996 to 2001, he served as a Head Coach of Sub Junior Men Team. Additionally, he worked as a Head Coach of Indian Jr. Boxing Team from 1999 and again from 2001-2010, produced many international medallists. In 2015, he was appointed Head Coach of the Sr. Women's team for the Asian Championship. He retired from the Sports Authority of India in 2016 as Chief Boxing Coach. Post retirement, he has continued to contribute to Indian Boxing, having been nominated as Head Coach of both the Elite Men's and Elite Women's teams, and actively involved in various sports organizations.

## RESULTS

The researcher conducted interviews with the following individuals – Shri Shiv Singh's friends, colleagues, and players - in order to gain deeper understanding of his personality through the perspectives of those who have accompanied him on his journey up until he was awarded the Dronacharya award.

### 1. **Ali Qamar** (Arjun and Dronacharya Awardee)

Ali Qamar, a renowned boxer and recipient of the Dronacharya Awardee, Shared his experiences working with the legendary coach Shri Shiv Singh. Qamar praised Singh's versatility, adaptability, inclusive coaching style, and open conversations with both athletes and support staff. He admired Singh's balanced approach - supportive yet demanding - which challenged athletes to reach their full potential and helped them overcome setbacks. Qamar also recalled the start of his boxing career in 2002 at the Manchester Commonwealth Games, which was inspired by Singh's enthusiasm and confidence. Singh was a discipline-focused and individualistic coach who identified each player's needs and designed customized training plans. Qamar expressed gratitude for the opportunity to train under him and acknowledge that Singh's exceptional coaching philosophy deeply influenced his own. His reflections illustrate the significant role a great coach can play in shaping an athlete's personal and professional growth.

## 2. **Manoj Kumar** (Arjun Awardee and Olympian)

Two-time Olympian and recipient of the Arjun Award, Manoj Kumar, was interviewed by Researcher as part of this investigation into his thoughts on Shri Shiv Singh, recipient of the Dronacharya Award. During the year 1999, he participated in the national camp with Vejinder Singh in Shillong, where he received coaching from Shri Shiv Singh. As a coach, he admired Shri Shiv Singh for his warm and welcoming demeanor. He recalled Shri Shiv Singh as a coach who was both technically proficient and disciplined. He was losing a match when he remembered Shri Shiv Singh's advice during the match. However, because of Shri Shiv Singh's advice during the match, he was able to win the match, even though it was in front of a better boxer. Shiv Singh was regarded by him as an exceptionally observant individual. There was no favouritism or discrimination in his coaching style. He was an impartial coach. Being a player, he was filled with a great deal of pride when he learned that his mentor had been awarded the Dronacharya award, which was long overdue.

## 3. **Kavinder Bisht** (Silver Medalist - Asian Amateur Boxing Championship, 2019)

International boxer Kavinder Bisht praised Dronacharya Awardee Shri Shiv Singh for his unmatched boxing coaching skills. Bisht credited Shri Shiv Singh's strategic mindset, holistic training philosophy, and unwavering dedication to his students. He particularly emphasized Singh's focus on mental toughness alongside physical development, which enhanced his technical abilities and physical resilience. Shri Shiv Singh's cheerful and optimistic demeanor created an inspiring training environment that encouraged teamwork and camaraderie. Bisht's reflections demonstrate how a dedicated coach can profoundly influence an athlete's life and career, showcasing the importance of Shri Shiv Singh's knowledge, dedication, and positivity.

## 4. **Manju Bamboriya** (Gold Medal - South Asian Games, 2019)

International boxer Manju Bamboriya commended Shri Shiv Singh's coaching style for its success in developing outstanding athletes. She highlighted his emphasis on kindness, effective communication and practical hands-on training over theoretical instructions. Shri Shiv Singh's training sessions closely mirrored real competition scenarios, offering athletes a safe yet challenging learning space. His mentoring style was personalized, focussed on each athlete's goals, strengths and area of improvement. This individualized approach lead to more targeted and impactful training. Shri Shiv Singh's mentorship also guided athletes in maintaining perspective and coping with competitive pressures. His methods serve as a model for future coaches, blending technical excellence with empathetic leadership.

## 5. **Pinki Rani Jangra** (Gold Medalist-South Asian Games, Kathmandu-Pokhara 2019, Bronze Medallist-Commonwealth Games, Glasgow 2014)

Boxer Pinki Rani Jangra credited Shri Shiv Singh's dedication and support for her success in the boxing arena. His expert coaching, technical knowledge, and psychological guidance helped her prepare for high-stakes matches and gain a competitive edge. She commended Singh's ring-side awareness, composure, and quick, strategic decisions-making. His holistic approach - addressing both mental and physical dimensions of sport - made him an effective mentor. His compassionate and motivational coaching style comforted and inspired athletes. Jangra emphasized that his Dronacharya Award-winning qualities played a pivotal role in shaping Indian boxing. Her interview highlights his extensive influence on her boxing career.

#### 6. **Pavitra Yadav** (International Boxer and 5-6 Times National Champions)

An interview was conducted with Pavitra from Hisar by the researcher in relation to the Dronacharya Awardee Shri Shiv Singh. She has won five or six national medals and is currently employed in the railway. She is a boxer who competed internationally and won gold at the Asian Games. During the 2017–2018 academic year, she participated in coaching camps organised by Shri Shiv Singh in Delhi. It was Shri Shiv Singh who was responsible for her transformation from a player to an international player, and she related the story. She recalled his inspiration and his faith in her capabilities being a source of motivation. During the matches as well as the practice sessions, he provided her with guidance on a most minute level. After each match, players would approach him to ask for feedback from Shri Shiv Singh because he was such a keen observer of the matches. Once she took Shiv Singh's guidance which results into a situation where , she was able to defeat an Olympian boxer. He was a disciplined coach. It was in Russia that he shared his viewpoint that he places a higher value on discipline than he does on medals. He recalled the incident. As a coach, he was extremely focused and never missed a single training session. He always makes sure that his boxers are mentally and physically fit. He makes sure that they are ready to compete in the ring when they are on the field and during preparation. His team, which includes the boxers, the staff, and the other members, is under his care and guidance. On top of being a person of high character, he was also a coach of nationalist values. He led his boxers as if he were guiding his own children and make them believe themselves. He engaged in activities with boxers in order to gain an understanding of their mentality and their views so that based on that knowledge, he can shaped his ways of interacting and coaching of his boxers. According to her, Shri Shiv Singh's recognition for receiving the Dronacharya award was long overdue and it was a long time dream for his boxers.

#### 7. **Satinder Kaur** (First Woman National Gold Medalist from Chandigarh, currently residing in Australia)

Satinder Kaur, the 2004 National Senior Champion, praised Dronacharya Awardee Shri Shiv Singh's for being a highly involved and disciplined coach. She attributed her motivation self confidence to his coaching, which helped her become a national champion. Shri Shiv Singh was recognized for his deep technical knowledge and ability to deliver both physical and psychological training, giving athletes a strong competitive edge. Kaur recalled several instances of his support during challenging moments, including her experiences in Australian women's boxing. She continue to apply his coaching methodologies in her own coaching. Kaur proudly acknowledged his Dronacharya Award and regarded him not just as a coach of athletes, but as a coach of coaches. She described him as friendly, disciplined, knowledgeable, adaptable, and unique motivational – a true visionary in the sport.

#### 8. **Sushma Tamang** (Nepal International Boxer)

Nepalese international boxer, Sushma Tamang, who trained under Dronacharya Awardee Shri Shiv Singh, shared insights into his coaching style. She praised his optimistic outlook, sharp observational skills, and his attention to individual player needs. Singh regularly made personalised notes for each athlete, enhancing their preparation and confidence. His positive reinforcement motivated athlete both during practice and competitions. Tamang recalled how his guidance made her more “ring ready,” significantly improving his

training performance. Singh was known for his strict discipline, he never compromised on punctuality and led by example through his own commitment and professionalism.

#### 9. **Tashi Phuntsho** (a distinguished coach and the National Boxing Champion of Bhutan-2004)

Bhutanese National Boxing Champion and coach Tashi Phuntsho discussed his interactions with Dronacharya Awardee Shri Shiv Singh, emphasizing his deep understanding of the sport, tactical acumen, technical expertise. Tashi lauded Shri Shiv Singh's comprehensive boxing training program, which seamlessly blends traditional and modern techniques. He admired Shri Shiv Singh's exceptional ability to nurture players' skills and provide international exposure, along with his meticulous attention to detail and strategic ring awareness. Tashi also spoke of Shri Shiv Singh's humility and generosity, which touched everyone he met. Tashi Phuntsho described Shri Shiv Singh as a great person and coach qualities that endeared him to everyone he encountered. Describing him as both an outstanding and a remarkable individual who embodied true sportsmanship, Tashi credited Shri Shiv Singh's refined coaching techniques, player development skills, and admirable character as foundational to his enduring legacy. His deeper respect and affection for Shri Shiv Singh reflect the profound and lasting influence he has had on athletes and on wider boxing community.

#### 10. **Sujeet Singh** (Head of the Department Boxing in NSNIS, Patiala)

Researcher conducted an interview with Sujeet Singh, the Head of Department Boxing at NSNIS Patiala, to inquire about his thoughts on Shri Shiv Singh, who was awarded the Dronacharya. During his narration, he referred to Shri Shiv Singh as a legendary and exceptional coach. He was impressed by his extensive knowledge of sports in general, not just boxing. It came to his attention that Shri Shiv Singh's relationship with his players was one of a kind and extraordinarily remarkable. In addition to his role as a coach, he considered Shiv Singh to be a teacher of sports. According to the comments made by his players, Shri Shiv Singh was a demanding coach. The coordination between him and Shri Shiv Singh was excellent. He disclosed that many coaches at NSNIS Patiala continue to discuss Shri Shiv Singh's coaching style even at this present time. He expressed his best wishes for Shiv Singh, in light of the fact that he served as a source of motivation for other coaches and players, not only in the sport of boxing but also in other sports.

#### 11. **Jitender Raj Singh** (International Boxer and Boxing Coach, NSNIS Patiala)

Jitender Raj Singh, an international boxer and coach, praised Dronacharya Awardee Shri Shiv Singh for his disciplined and value-based coaching style. Singh emphasized discipline, morality, ethics, and motivation, shaping athletes into become well-rounded individuals both in sport and in life. His bottom-up coaching style focused on building potential from the grassroots level, offering equal opportunities to all. Shri Shiv Singh also Prioritized mental resilience, employing techniques to help athletes in managing stress and remained focused. His holistic and humanistic approach not only produced successful athletes but also instilled lifelong skills, setting a benchmark in coaching excellence.

#### 12. **Suresh Bhattan** (Boxing Coach, International Referee and Judge)

AIBA referee and coach Suresh Bhattan praised Shri Shiv Singh's unique coaching style, which integrates Indian cultural values with modern boxing techniques. He emphasized how Singh's method strengthens both the physical identity and cultural pride of his athletes. Bhattan appreciated Singh's sharp ability to read the game, understand individual players, and develop training programs that promotes collaboration and unity.

Singh's international contributions, especially to Nepal's boxing team, exemplify his adaptability and cultural sensitivity. His democratic coaching style enhances team performance and builds an inclusive environment. Through his leadership and example, Shri Shiv Singh has inspired the growth of boxing in India and abroad.

### 13. **Deepak Sharma** (Boxer and Teammate, 1983)

Deepak Sharma, a former boxer and longtime friend of Shri Shiv Singh, praised him as a role model coach – both as a coach and a teammate. Sharma admired Shri Shiv Singh's capacity to foster respect and camaraderie within the team, alongside his unwavering commitment to discipline. He structured routine improved athletes' mental and physical toughness, inspiring others to push their limits. Sharma fondly recalled their early boxing days, filled with energy and excitement. He acknowledged Shri Shiv Singh's recognition through the prestigious Dronacharya Award, which celebrates his technical expertise, strategic insight, and exceptional ability to mentor the next generation of champions. Sharma's reflections underscore Shri Shiv Singh's lasting legacy as a mentor, motivator, and true team player.

### 14. **Ganesh Chaudhary** (Teammate in College and NIS Batchmate)

Shri Shiv Singh, a Dronacharya Awardee, was remembered by his former teammate Ganesh Chaudhary, who emphasized his exceptional discipline as a boxer. Describe as talented, driven, and passionate about the sport, Singh was affectionately referred to by his peers as a "gem of a person." He struck a perfect balance between professionalism and friendliness, managing his training schedule while maintaining strong personal relationships. Singh was frequently interviewed by team and students, all of whom praised his dedication, self-control, and unwavering focus. His disciplined training, strict dietary habits, and consistent workout regimen set a high standard for his peers. His methodical and structured approach to the sport was instrumental in earning him the prestigious Dronacharya Award, and his legacy continues to influence those who trained with him.

### 15. **Rajesh Bhatnagar** (Boxing Coach, International Referee & Judge)

The researcher interviewed Rajesh Bhatnagar- boxing coach, an international referee and judge, and AIBA technical officer – regarding the legacy of Dronacharya Awardee Shri Shiv Singh. Bhatnagar admired Singh's exceptional technical proficiency and scientific approach to coaching. He saw Singh as a professional and personal role model who embraced the use of modern technologies in sports. As a cooperative teammates and enthusiastic mentor, Singh's passion for boxing was palpable. Rajesh fondly recalled many humorous and joyful memories they shared, reflecting on the camaraderie and deep mutual respect they developed over years of professional collaboration. Singh's innovative coaching techniques and passion left an indelible mark on those around him.

### 16. **Mustafa** (Boxing Coach, SAI in-charge Kargil)

In an interview with Mustafa, Boxing Coach, SAI in charge Kargil, Dronacharya Awardee Shri Shiv Singh was described as a disciplined and morally upright individual, deeply committed to his players. Mustafa admired Singh's unwavering priority for his athletes, often treated them as his own children. Despite being a senior figure, Singh remained approachable and kind hearted, always maintained a positive attitude. At the national level, he was recognized as a true torch bearer for Indian boxing, with a clear vision of elevating the sports to new heights. Mustafa considered him not only a great mentor but also a friend and a guru.

## 17. Sagar Mal Dhayal (Dronacharya Awardee Colleague)

In an interview with fellow Dronacharya Awardee Sagar Mal Dhayal, the researcher explored Shri Shiv Singh's professional influence. Dhayal remembered him as a composed, observant, and forward – thinking coach who was slow to receive the recognition he deserved. He fondly recalled their time together in Italy, where they shared long walks, exchanged ideas, and formed a strong camaraderie. Dhayal described Shri Shiv Singh as a coach with leadership qualities and an open mind, always willing to explore new techniques and collaborate with colleagues. Their professional relationship was complemented by a personal bond that Dhayal Cherished, viewing Singh as a mentor and a brother figure.

## FINDINGS AND ANALYSIS

The interviews conducted with friends, colleagues, and players of Shri Shiv Singh, a recipient of the prestigious Dronacharya Award, unveil several recurring themes that underscore his substantial impact as a coach and mentor. The following are the main themes that arose:

### 1. Impact on the Sport of Boxing and Athlete Development

Shri Shiv Singh's training programs were highly appreciated by interviewees such as Tashi Phuntsho, Kavinder Bisht Pavitra Yadav for enhancing players' technical skills and ring awareness. These programs effectively integrated traditional techniques with modern training methods. Additionally, his emphasis on developing mental toughness alongside physical conditioning was acknowledged by athletes like Kavinder Bisht and Jitender Raj Singh, who reported improved performance in high-pressure situations due to this balanced approach.

### 2. Leadership and Coaching Style

Shri Shiv Singh's coaching philosophy was deeply rooted in discipline, morality, and ethics, as emphasized by interviewees like Suresh Bhattan, Pavitra Yadav and Sushma Tamang. His approach ensured that players upheld exemplary conduct both inside and outside the ring. Manju Bamboriya and Sujeet Singh highlighted his ability to create personalized training programs tailored to each athlete's strengths and weaknesses, reflecting an inclusive and individualized coaching style. His democratic leadership fostered both team cohesion and high performance.

### 3. Personal Attributes and Lasting Influence

Shri Shiv Singh was widely respected for his humility and approachable nature, even amidst his professional success. This sentiment was echoed by those he mentored and worked with, including Ali Qamar and Mustafa. His openness and ability to connect personally with athletes significantly contributed to his lasting legacy. Serving not only as a coach but also as a mentor, he made a profound impact on the personal and professional development of players like Deepak Sharma and Pinki Rani Jangra.

### 4. Cultural and Ethical Integration in Sports

Interviewees such as Suresh Bhattan observed that Shri Shiv Singh skillfully integrated Indian cultural values into his coaching methods. This not only enhanced the athletes' physical performance but also strengthened their sense of identity and purpose. He was widely praised for promoting sportsmanship and ethical conduct, with Satinder Kaur and Tashi Phuntsho recognizing him as a coach who exemplified and instilled the true spirit of sport.

## 5. Belated yet Well-Deserved Recognition

Despite his decades-long contributions to Indian boxing, Shri Shiv Singh received the Dronacharya Award later in his career. Interviewees including Sagar Mal Dhayal and Manoj Kumar reflected on this delay while affirming his exceptional coaching capabilities and leadership qualities. Known for his professionalism and collaborative spirit, he earned immense respect from peers like Rajesh Bhatnagar and Ganesh Chaudhary, establishing himself as a revered figure in the Indian boxing community.

The combination of these themes presents Shri Shiv Singh as a disciplined, knowledgeable, and compassionate coach, whose influence extended far beyond the boxing ring, shaping the lives and careers of numerous athletes and colleagues. The qualitative analysis reflects a generally favourable perception among the respondents, portraying him as a highly esteemed individual known for his discipline, open-mindedness, team spirit, confidence, loyalty, advocacy for boxing, and above all, his benevolent nature.

These responses affirm that Shri Shiv Singh exemplifies coaching excellence through his unwavering support, passionate commitment to the sport, dedication to integrity, strong belief in the power of teamwork, and a systematic approach to training. His coaching philosophy not only nurtures technically skilled athletes but also instills enduring values that transcend the boundaries of sport.

Shri Shiv Singh's journey serves as a compelling case study, illustrating the profound impact that focused, value-driven coaching can have on both individual growth and collective success.

## CONCLUSION

This case study on Dronacharya Awardee Shri Shiv Singh provides a comprehensive exploration of his multifaceted role as a coach, mentor, and contributor to the sport of boxing in India. The qualitative data collected through interviews and thematic analysis reveals that his influence extends well beyond technical training, encompassing personal development, ethical leadership, and cultural integration in sports.

Shri Shiv Singh's coaching philosophy—rooted in discipline, morality, individualized instruction, and mental conditioning—has significantly contributed to the growth and performance of numerous national and international-level athletes. The respondents' perspectives consistently highlight his approachability, humility, commitment to sportsmanship, and his ability to foster a cohesive and high-performing team environment.

Moreover, his belated recognition with the Dronacharya Award underscores the long-standing and transformative nature of his contributions to Indian boxing. His ability to blend traditional values with modern coaching techniques exemplifies an adaptive and holistic approach, making him a model for contemporary sports coaching in India.

In conclusion, Shri Shiv Singh's life and career illustrate the profound impact that dedicated; value-driven coaching can have on individual athletes and the broader sporting ecosystem. His legacy offers valuable insights for practitioners, scholars, and policymakers in the field of physical education and sports science, reinforcing the importance of mentorship, ethical conduct, and culturally responsive coaching practices.

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