



# Prediction of Parkinson's Disease & Severity of the Disease using ML & DL Algorithms

Guide By

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**Abstract :** Parkinson's disease (PD) is a progressive neurodegenerative disorder characterized by motor symptoms such as tremors, bradykinesia, rigidity, and postural instability. Early diagnosis and intervention are crucial for managing the disease effectively and improving the quality of life for patients. This review provides a comprehensive overview of the various methods and technologies employed in the early detection of Parkinson's disease. This review underscores the significance of early detection in Parkinson's disease and emphasizes the need for ongoing research and collaboration to enhance diagnostic accuracy and enable timely interventions. Early detection not only improves the quality of life for patients but also opens avenues for targeted therapies and disease-modifying treatments, bringing us closer to the ultimate goal of finding a cure for Parkinson's disease.

**Index Terms -** Parkinson's Disease, Neuroimaging Techniques, Machine Learning.

## 1. INTRODUCTION

Parkinson's disease (PD) is a chronic neurodegenerative disorder that affects millions of individuals worldwide. It is characterized by a progressive loss of motor control, leading to symptoms such as tremors, bradykinesia, rigidity, and postural instability. Early and accurate diagnosis of PD is crucial for timely intervention, personalized treatment planning, and improved quality of life for patients. Traditional diagnostic methods often rely on clinical evaluation, which may lack the sensitivity required for early detection. With the advent of advanced technologies, particularly machine learning (ML) and artificial intelligence (AI), there has been a paradigm shift in the way Parkinson's disease is diagnosed and managed.

This paper presents an in-depth exploration of the application of machine learning in the detection of Parkinson's disease. It discusses the challenges associated with traditional diagnostic methods, emphasizing the limitations that hinder early detection. The paper highlights the potential of machine learning algorithms in processing diverse datasets and extracting meaningful features associated with PD. By reviewing recent studies and methodologies, the paper aims to provide a comprehensive overview of the advancements in Parkinson's disease detection facilitated by machine learning techniques.

The impact of these advancements on clinical practice, emphasizing the integration of machine learning models into routine diagnostic protocols. The potential benefits, including increased accuracy, reduced diagnosis time, and improved patient outcomes, underscore the transformative power of machine learning in the early detection and management of Parkinson's disease. Additionally, ethical considerations, data privacy, and challenges related to the implementation of these technologies in real-world healthcare settings are also addressed, providing a holistic view of the landscape surrounding Parkinson's disease detection using machine learning.

This paper elucidates the pivotal role of machine learning in reshaping the landscape of Parkinson's disease detection. By harnessing the capabilities of machine learning algorithms, healthcare professionals can make significant strides towards early and accurate diagnosis, ultimately enhancing the lives of individuals affected by this debilitating neurodegenerative disorder.

Mathematical Model:

A convolutional layer applies filters (or kernels) to extract important features from the input image. Each filter is represented as a matrix  $W$  of size  $f \times f \times f$ , where  $f$  is the filter size.

The convolution operation is defined as:

$$Z_{ij} = \sum_{k=1}^f \sum_{l=1}^f W_{kl} \cdot X_{i+k-1, j+l-1} + bZ_{ij} = \sum_{k=1}^f \sum_{l=1}^f W_{kl} \cdot X_{i+k-1, j+l-1} + b$$

Where:

- $Z_{ij}$  is the output at position  $(i,j)$ .
- $W_{kl}$  is the filter value at position  $(k,l)$ .
- $X_{i+k-1,j+l-1}$  is the input value at position  $(i+k-1,j+l-1)$ .
- $b$  is the bias term.

For classification tasks, such as detecting Parkinson's disease, the final layer typically uses a softmax activation function to output probabilities for each class (e.g., "Parkinson's disease" vs. "Healthy"):

$$P(y=k|x) = \frac{e^{z_k}}{\sum_{j=1}^C e^{z_j}}$$

Where:

- $P(y=k|x)$  is the probability that the input  $x$  belongs to class  $k$ .
- $z_k$  is the raw score for class  $k$  before applying softmax.
- $C$  is the number of classes.

## II. RELATED WORK

Early studies focused on employing classic machine learning algorithms such as Support Vector Machines (SVM), Decision Trees, and Random Forests for PD detection. These approaches utilized features extracted from diverse datasets, including neuroimaging scans, voice recordings, and clinical assessments. Researchers demonstrated promising results in terms of accuracy and sensitivity.

With the rise of deep learning, especially Convolutional Neural Networks (CNNs) and Recurrent Neural Networks (RNNs), researchers explored the application of these techniques in processing complex and high-dimensional data related to PD. CNNs were employed in image-based diagnostics using brain MRI and PET scans, while RNNs were utilized for sequential data analysis, such as gait patterns and wearable sensor data.

Several studies integrated information from multiple sources, such as genetic data, neuroimaging, and clinical assessments, using fusion techniques. Multimodal data fusion aimed to enhance the discriminatory power of the models, enabling more accurate and early detection of PD. Fusion strategies included feature-level fusion, decision-level fusion, and hybrid methods, which combined both.

Advancements in wearable sensor technologies allowed continuous monitoring of PD symptoms in real-time. Machine learning models were deployed on wearable devices to detect subtle motor abnormalities, providing clinicians with valuable data for early intervention and disease progression tracking.

The need for large and diverse datasets, interpretability of complex models, ethical considerations related to patient privacy, and the necessity for standardized evaluation metrics. Researchers emphasized the importance of addressing these challenges to facilitate the clinical adoption of machine learning-based PD diagnostic tools.

## III. LITERATURE SURVEY

### PDD-ET: Parkinson's Disease Detection Using ML Ensemble Techniques and Customized Big Dataset (2023)

Chatterjee and Kumar focus on leveraging ensemble methodologies in machine learning to enhance early-stage detection of Parkinson's disease (PD), particularly in its premotor phase. Their proposed model, PDD-ET, aims to provide a precise and reliable detection framework. The authors highlight the importance of dataset diversity and the integration of additional clinical variables to optimize the performance of ensemble techniques, advocating for a more comprehensive approach to data in PD detection.

### Parkinson's Disease Detection Using a Novel Weighted Ensemble of CNN Models (2023)

Rai and Bajpai introduce an innovative ensemble learning-based model that utilizes a weighted ensemble of Convolutional Neural Networks (CNNs) to improve diagnostic accuracy in detecting Parkinson's disease. This study emphasizes the need for efficient and robust diagnostic models. The proposed method incorporates diverse feature extraction from figure-drawing task images, making it a literacy-independent, cost-effective, and time-efficient solution. The integration of multiple data sources is presented as a key factor in enhancing the model's effectiveness.

### Parkinson's Disease Detection Using Machine Learning (2022)

This study applies Logistic Regression (LR) to identify patterns in data related to Parkinson's disease. It highlights the ability of machine learning models to uncover insights not easily discernible by humans. The authors stress that the quality and availability of data are critical for effective detection.

### Parkinson's Disease Prediction Using Machine Learning Algorithm (2022)

Utilizing Convolutional Neural Networks (CNN), this research emphasizes the importance of early detection for improving patient outcomes. The study underscores that the accuracy of predictions is heavily reliant on the quality and quantity of available data, advocating for robust data collection methods.

### **Parkinson Disease Detection Using Various Machine Learning Algorithms (2022)**

This paper compares multiple algorithms, including Support Vector Machine (SVM), Random Forest (RF), and K-Nearest Neighbors (KNN). It notes that different algorithms exhibit varying strengths in detection tasks. A significant challenge mentioned is the computational intensity required for training and optimizing these models.

### **Early Detection of Parkinson's Disease Using Deep Learning and Machine Learning (2020)**

Focusing on Long Short-Term Memory (LSTM) networks, this study argues that early detection can slow disease progression and improve patients' quality of life. The authors highlight the need for large, high-quality labeled datasets to effectively train deep learning models.

### **Parkinson's Disease Classification Using Machine Learning Algorithms: Performance Analysis and Comparison (2022)**

This research analyzes the performance of several machine learning algorithms, including SVM, RF, Decision Trees (DT), Naive Bayes (NB), and KNN. The findings emphasize that accurate classification is essential for timely medical interventions, reiterating that model effectiveness is closely tied to the quality of training data.

## **IV.OBJECTIVES**

This paper is aimed to develop accurate, reliable, and non-invasive methods for early diagnosis and monitoring of the disease. Parkinson's disease is a neurodegenerative disorder that affects movement control, and early detection can significantly improve the quality of life for patients. Understand the characteristics of the dataset and explore relationships between variables.

## **V.METHODOLOGY**

Collect relevant datasets containing features such as patient demographics, clinical history, genetic information, and motor symptoms associated with Parkinson's disease. Handle missing values, outliers, and noise in the dataset. Normalize or standardize features to bring them to a similar scale. Conduct exploratory data analysis (EDA) to identify relevant features. Choose appropriate machine learning algorithms (e.g., decision trees, random forests, support vector machines, neural networks) based on the nature of the problem and the dataset.

Split the dataset into training and testing subsets. Evaluate the model's performance using appropriate metrics. Fine-tune the model by adjusting hyperparameters to optimize its performance. Validate the model using an independent dataset to assess its real-world applicability and performance. Develop a user-friendly interface for healthcare professionals to input patient data and obtain predictions. By following this methodology, systematically develop and deploy a machine learning-based Parkinson's disease detection system while ensuring accuracy, reliability, and ethical considerations are taken into account.

## **VI.RESULTS**

The machine learning model is expected to achieve a high level of accuracy in detecting Parkinson's disease based on the input features. Accuracy can vary but is typically expected to be above 90% when the model is well-constructed and well-trained. The system should be able to detect Parkinson's disease at an early stage, allowing for timely intervention and better management of symptoms. High sensitivity ensures that the model correctly identifies individuals with Parkinson's disease, while high specificity ensures that it accurately identifies individuals without the disease. Early diagnosis and proactive management can lead to improved patient outcomes, including better symptom control, enhanced quality of life, and potentially slower disease progression. Early detection and proactive management can reduce healthcare costs associated with prolonged hospital stays and intensive treatments.

## **VII.CONCLUSION**

Utilizing machine learning techniques for Parkinson's disease detection holds significant promise in revolutionizing early diagnosis and management of this neurodegenerative disorder. Through careful data collection, preprocessing, and feature engineering, coupled with the selection of appropriate machine learning algorithms, accurate and reliable prediction models can be developed. These models, when integrated into healthcare systems, wearable devices, or mobile applications, can provide valuable tools for healthcare professionals and patients alike. Continued research, collaboration between healthcare professionals and data scientists, and adherence to ethical principles will further advance the field, bringing us closer to more effective Parkinson's disease diagnosis and management.

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