



ACUTE CASES TREATED WITH LM POTENCY: A PROSPECTIVE STUDY

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Abstract : Acute diseases are either rapid morbid processes of the abnormally deranged vital force, which have a tendency to finish their course more or less quickly, but always in a moderate time. This prospective study exhibits the effectiveness of LM potency in the treatment of acute diseases. This is a case series of 30 cases collected from the outpatient department and peripheral centres of Sarada Krishna Homoeopathic Medical College, which belong to different classifications of acute diseases. The cases were analyzed based on the acute totality, repertorization and were prescribed with homoeopathic medicines in LM potencies. The patients' before and after treatment score was assessed using Physician Global Assessment. All thirty cases showed marked improvement after medication in the Physician Global Assessment. The most frequently used potency was 0/3 and LM potency has shown more effectiveness in acute exacerbation of chronic diseases and has shown statistical significance using paired t-test, < 0.05. This study depicts the hidden treasures of the effectiveness of LM potency in the treatment of acute diseases.

Index Terms - Acute disease, Classification of disease, Homoeopathy, LM potency, Physician Global Assessment.

INTRODUCTION

The homoeopathic system of medicine develops the inner medicinal powers of crude substances by the process of potentization and renders cure to the sick, which show no evidence of the slightest medicinal power on the human body in their raw state. The diseases to which man is liable are either rapid morbid processes of the abnormally deranged vital force, which have a tendency to finish their course more or less quickly, but always in a moderate time; these are termed acute diseases. Acute diseases are either of such a kind that attacks human beings individually, sporadically, or epidemically. ⁽¹⁾ All genuine acute diseases are in reality acute outbreaks or exacerbations of previously latent, deep-seated, underlying chronic diseases or inherited tendencies and predispositions to disease, which exist in practically all people. ⁽²⁾ Homoeopathic potencies created on the 1:50,000 scale, are known as 50-millesimal-scale potencies, as opposed to centesimal (1:100) and decimal (1:10) scales. Dr Hahnemann produced them, practised with them, and recommended their use in his 6th edition of the Organon of Medicine. ⁽³⁾ This study deals with treatment using LM potency to determine its effectiveness in various classifications of acute diseases, and by using the Physician Global Assessment Scale, the patient's improvement was assessed.

NEED OF THE STUDY.

To evaluate and exhibit the goodness of LM potencies in the treatment of various acute diseases that approach the homoeopathic care.

SUBJECTS AND METHODS:

Thirty patients who had acute complaints were selected for the study.

Selection of samples:

The sample size included in the study is 30, done under the technique of purposive sampling.

Procedure:

The target sample includes patients who were having acute complaints between the age group of 10 - 75 years. The symptoms of the patient were recorded in a standardized case record format. After analysis the patients were prescribed medicines based on acute totality and repertorization and the potency selection was according to the homoeopathic principles.

Inclusion criteria:

Patients who had acute complaints and of both sexes under the age group of 10 - 75 years were included in the study.

Exclusion criteria:

Patients not having acute complaints, ages below 10 years and above 75 years, pregnant females, patients with malignancy and cases in which surgical intervention becomes necessary were not included in the study.

Selection of tools:

Pre-structured Sarada Krishna Homoeopathic Medical College & Hospital case format, Repertory, Physician Global Assessment.

Outcome assessment:

Effectiveness of LM potency in the treatment of acute diseases and after-treatment improvement.

Statistical techniques and data analysis:

Data represented in pie charts and analyzed using *paired t-test*.

IV. RESULTS

A collection of 30 cases which was treated using LM potency exhibited the predominance of various acute diseases including acute exacerbations of chronic diseases in the fourth and fifth decades of life. [Figure 1]

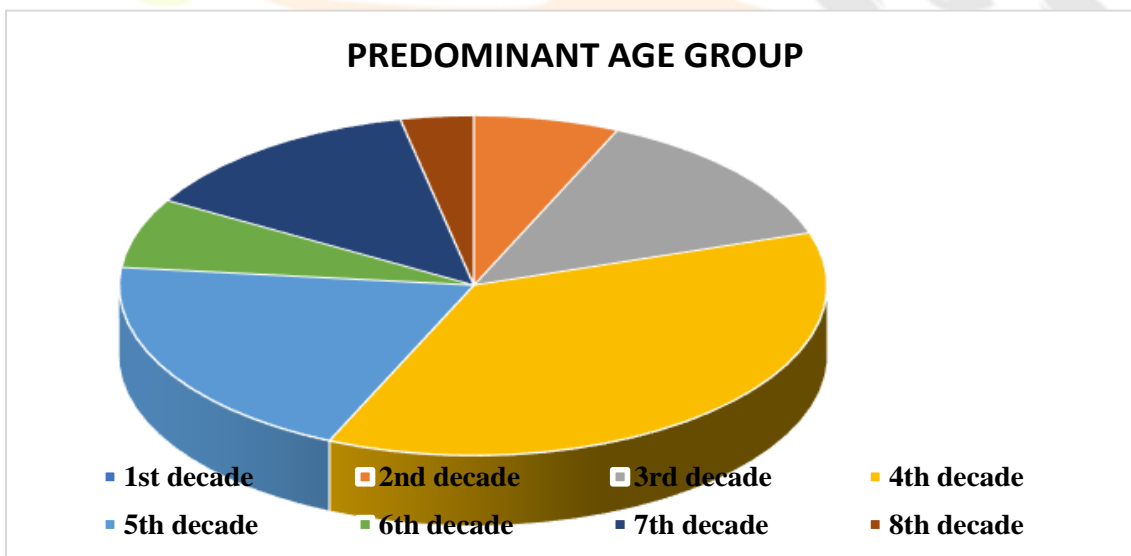


Figure 1: Predominant age group

Among these cases, the respiratory system, musculoskeletal system and gastrointestinal affections stand first followed by other systems. [Figure 2]

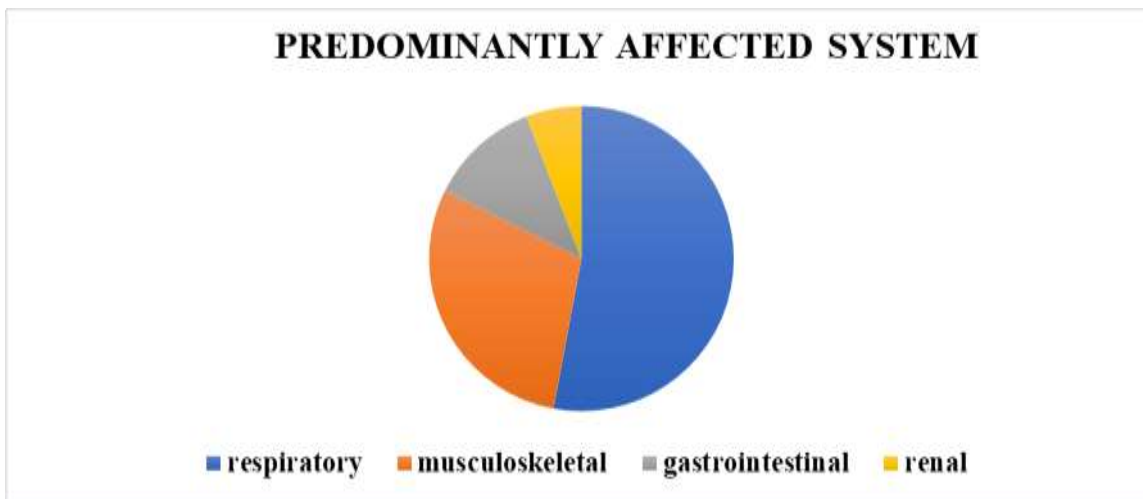


Figure 2: Predominantly affected system

Among the 30 cases, twenty-two cases were prescribed with 0/3 potency, three cases with 0/6 potency, two cases each with 0/1 and 0/7 potency respectively and one with 0/4. [Table 1, Figure 3]

Table 1. Largely used potencies

Potency used	No of cases treated
0/3	22
0/6	3
0/1	2
0/7	2
0/4	1

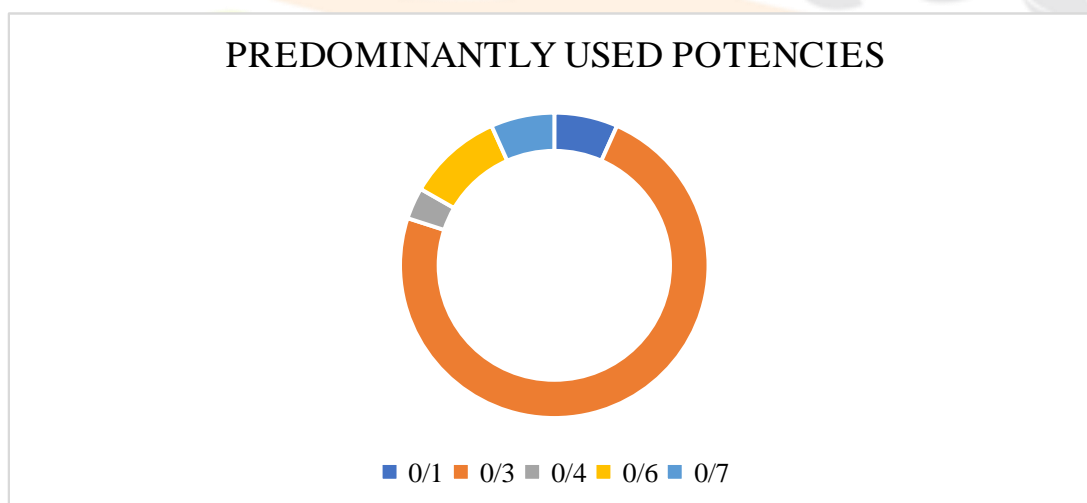


Figure 3: Predominantly used potencies

According to Hahnemann’s classification of acute diseases, acute exacerbations of chronic diseases were found in eighteen participants, acute individual disease in eight participants, two in acute local diseases of external in origin and one each in acute local disease in internal in origin and acute sporadic disease. [Table 2, Figure 4]

Table 2. Different types of acute diseases

Classification of acute diseases	No. of cases
Acute exacerbation	18
Acute individual disease	8
Acute local diseases of external in origin	2
Acute local disease in internal in origin	1
Acute sporadic disease	1

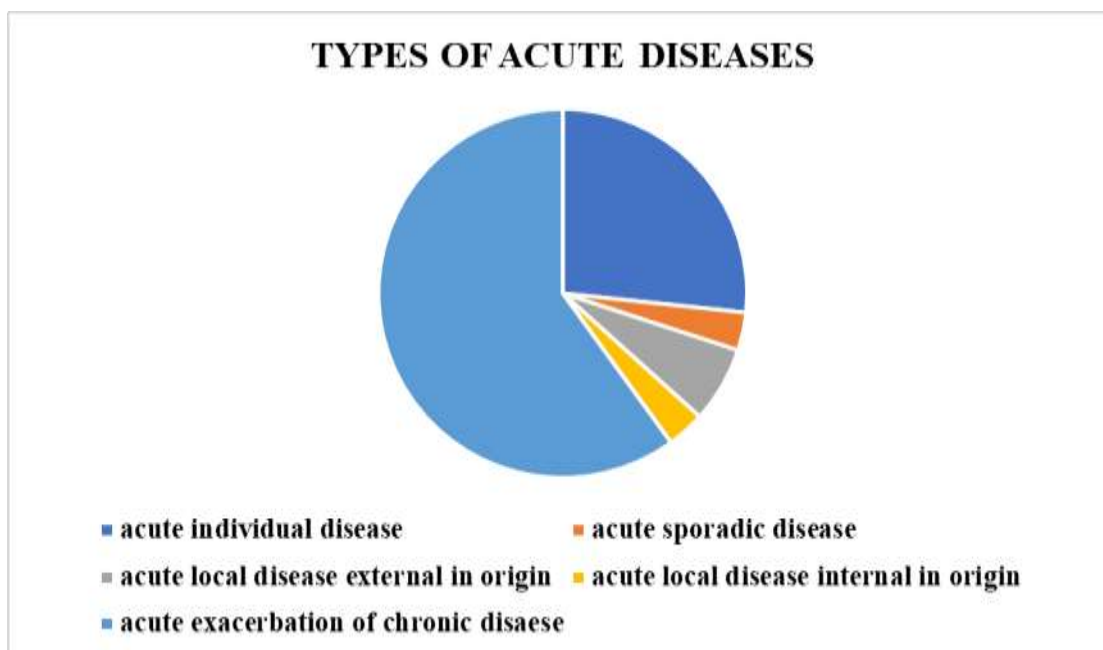


Figure 4: Types of acute diseases

Out of 30 cases, 18 cases were acute exacerbations of chronic diseases comprising various system affections. All patients were assessed using a before and after treatment scale. Acute exacerbation of bronchial asthma was experienced by six individuals and acute exacerbation of allergic rhinitis in two individuals. They were treated with LM potency with marked improvement.

DISCUSSION

A previous study on bronchial asthma: A clinical study on the anti-miasmatic management of patients suffering from Bronchial asthma exhibited that both Centesimal and 50 millesimal potencies were used in the treatment of cases with Bronchial Asthma in 50% and 33.3% of cases respectively with marked improvement. ⁽⁴⁾

Two cases of acute exacerbation of Hemorrhoids were treated with Nitricum acidum 0/3 and Thuja occidentalis 0/3. Previous study: Effect of homoeopathic LM potencies in acute attacks of hemorrhoidal disease depict that this study was aimed at investigating the effectiveness of individualized homoeopathic medicines in acute hemorrhoidal attack as compared to placebo in a prospective, randomized, single-blind, parallel trial and it proved with a conclusion that homoeopathic interventions of LM potency relieved acute hemorrhoidal symptoms early when compared to the placebo group. ⁽⁵⁾

Cases belonging to the musculoskeletal system comprised osteoarthritis of the knee joint, shoulder joint, acute lumbar and cervical pain due to sudden stress and strain. 0/1 and 0/3 potencies were predominantly used. Previous study: A Clinical Study on the Role of LM Potency in the Management of Pain in Cervical Spondylosis depicted that 0/3 potency was indicated more effective in cervical spondylosis. ⁽⁶⁾

From the experienced works of Dr R. P Patel, 0/3 and 0/6 potencies were used frequently and proved to be most effective in the case of acute diseases. ⁽³⁾

Statistical inference: LM potency is effective in the treatment of acute diseases since the P value is < 0.05 .

CONCLUSION:

All acute diseases are in actuality acute flare-ups or exacerbations of previously latent, deep-seated, underlying chronic diseases or inherited tendencies and predispositions to diseases, which subsist in all individuals. This prospective study of 30 individuals with various system affections has revealed the effectiveness of LM potency in the management of acute diseases and acute exacerbations with marked improvement by before and after treatment assessment, through the statistical inference of P value less than 0.05.

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